



# ASIAN POWERLIFTING FEDERATION

AFFILIATED TO: INTERNATIONAL POWERLIFTING FEDERATION

## CERTIFICATE

No:1641/2022

This is to certify that

**M PRIYA**

of the nation

**INDIA**

has secured **SECOND** Place

in **69KG - JUNIOR**

in the

**ASIAN WOMEN'S EQUIPPED  
POWERLIFTING CHAMPIONSHIPS  
2022**

held at : **COIMBATORE, INDIA**

during **17 - 21 JUNE 2022**

**SQUAT[PL] : 167.5 KG [1]**

**BENCH PRESS[PL] : 85.0 KG [2]**

**DEADLIFT[PL] : 150.0 KG [2]**

**TOTAL : 402.5 KG**

**Farshid Soltani**  
President - APF

**Rajesh Tiwari**  
Secretary General - APF





# ASIAN POWERLIFTING FEDERATION

AFFILIATED TO: INTERNATIONAL POWERLIFTING FEDERATION

## CERTIFICATE

No:1639/2022

This is to certify that

**K KAVITHA**

of the nation

**INDIA**

has secured **THIRD** Place

in **63KG - JUNIOR**

in the

**ASIAN WOMEN'S EQUIPPED  
POWERLIFTING CHAMPIONSHIPS  
2022**

held at : **COIMBATORE, INDIA**

during **17 - 21 JUNE 2022**

**SQUAT[PL] : 140.0 KG [3]**

**BENCH PRESS[PL] : 67.5 KG [3]**

**DEADLIFT[PL] : 120.0 KG [3]**

**TOTAL : 327.5 KG**

**Farshid Soltani**

President - APF

**Rajesh Tiwari**

Secretary General - APF





# ASIAN POWERLIFTING FEDERATION

AFFILIATED TO: INTERNATIONAL POWERLIFTING FEDERATION

## CERTIFICATE

No:1630/2022

This is to certify that

**S RAMYA**

of the nation

**INDIA**

has secured **THIRD** Place

in **47KG - JUNIOR**

in the

**ASIAN WOMEN'S EQUIPPED  
POWERLIFTING CHAMPIONSHIPS  
2022**

held at : **COIMBATORE, INDIA**

during **17 - 21 JUNE 2022**

**SQUAT[PL] : 130.0 KG [2]**

**BENCH PRESS[PL] : 55.0 KG [2]**

**DEADLIFT[PL] : 130.0 KG [3]**

**TOTAL : 315.0 KG**

**Farshid Soltani**  
President - APF

**Rajesh Tiwari**  
Secretary General - APF





# ASIAN POWERLIFTING FEDERATION

AFFILIATED TO: INTERNATIONAL POWERLIFTING FEDERATION

## CERTIFICATE

No:1645/2022

This is to certify that

**S SHALINI**

of the nation

**INDIA**

has secured **SECOND** Place

in **84KG - JUNIOR**

in the

**ASIAN WOMEN'S EQUIPPED  
POWERLIFTING CHAMPIONSHIPS  
2022**

held at : **COIMBATORE, INDIA**

during **17 - 21 JUNE 2022**

**SQUAT[PL] : 165.0 KG [1]**

**BENCH PRESS[PL] : 87.5 KG [1]**

**DEADLIFT[PL] : 147.5 KG [3]**

**TOTAL : 400.0 KG**

**Farshid Soltani**  
President - APF

**Rajesh Tiwari**  
Secretary General - APF





POWERLIFTING INDIA

# POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation

Affiliated to: Asian Powerlifting Federation

Affiliated to: Commonwealth Powerlifting Federation



No:150/17296/2022



This is to certify that RAMYA S representing Tamil Nadu has secured Third place in the 47kg - Junior in the National Sub Junior, Junior & Masters Women's Equipped Powerlifting Championships 2022 held at Hyderabad, Telangana from 05-07-2022 to 10-07-2022

Squat[PL] : 135.0 Kg [3]

Bench Press[PL] : 57.5 Kg [4]

Deadlift[PL] : 135.0 Kg [2]

Total : 327.5 Kg

Date of Birth : 06-February-2000

Body Weight : 47.00 Kg

RAJESH TIWARI  
President  
Powerlifting India

P J JOSEPH (Arjuna)  
Secretary General  
Powerlifting India





POWERLIFTING INDIA

# POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation

Affiliated to: Asian Powerlifting Federation

Affiliated to: Commonwealth Powerlifting Federation



No:150/17405/2022



This is to certify that **PRIYA M** representing **Tamil Nadu** has secured **Third** place in the **69kg - Junior** in the National Sub Junior, Junior & Masters Women's Equipped Powerlifting Championships 2022 held at Hyderabad, Telangana from 05-07-2022 to 10-07-2022

Squat[PL] : 155.0 Kg [3]

Bench Press[PL] : 87.5 Kg [3]

Deadlift[PL] : 142.5 Kg [2]

Total : 385.0 Kg

Date of Birth : 01-June-2000

Body Weight : 66.20 Kg

**RAJESH TIWARI**  
President  
Powerlifting India

**P J JOSEPH (Arjuna)**  
Secretary General  
Powerlifting India





# POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation  
Affiliated to: Asian Powerlifting Federation  
Affiliated to: Commonwealth Powerlifting Federation



No:149/17176/2022



This is to certify that **DINESH KUMAR P** representing **Tamil Nadu** has secured **Second** place in the **105kg - Sub Junior** in the **National Sub Junior, Junior & Masters Men's Equipped Powerlifting Championships 2022** held at **Hyderabad, Telangana** from **05-07-2022** to **10-07-2022**

**Squat[PL] : 260.0 Kg [2]**

**Bench Press[PL] : 155.0 Kg [3]**

**Deadlift[PL] : 222.5 Kg [4]**

**Total[PL] : 637.5 Kg**

**Date of Birth : 17-April-2004**

**Body Weight : 103.15 Kg**

**RAJESH TIWARI**  
President  
Powerlifting India

**P J JOSEPH (Arjuna)**  
Secretary General  
Powerlifting India





# 4<sup>TH</sup> STATE LEVEL CHAMPIONSHIP SPORTS MEET 2022

Organised by  
**SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, TAMILNADU**  
Co-organized by **WISDOM**  
SPORTS COMPANY PVT LTD

Affiliated to  
**SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, INDIA**  
Co-affiliated by **MSME**  
MICRO, SMALL & MEDIUM ENTERPRISES

## CERTIFICATE OF MERIT / PARTICIPATION



S.No :

This is to certify that

Mr./ Miss.....LOGESHWARAN.B.....

D.O.B 20.01.2003 S/o. D/o.....BASKAR.S..... of

.....NAMAKKAL..... district has

participated in .....KABADDI..... Game/Event

in.....ABOVE-19.....Category and Won .....WINNER..... held at

"Orange British Academy Senior Secondary School(CBSE), Arni,

Thiruvannamalai Dist, dated on 30<sup>th</sup> July 2022.

Mr. J. Rasu  
President,  
SGSDF, Tamil Nadu

Mr. R. Ajithkumar  
General Secretary  
SGSDF, Tamil Nadu

Mr. S. Rajesh Kumar  
Treasurer  
SGSDF, Tamil Nadu

Mr. Arun Villanova  
Co-ordinator  
SGSDF, Tamil Nadu





# 4<sup>TH</sup> STATE LEVEL CHAMPIONSHIP SPORTS MEET 2022

Organised by  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, TAMILNADU  
Co-organized by **WISDOM**  
SPORTS COMPANY PVT LTD

Affiliated to  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, INDIA  
Co-affiliated by **MEME**  
MEME SMALL & MEDIUM ENTERPRISES

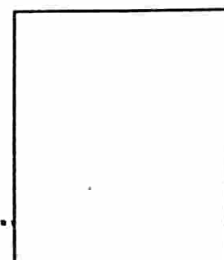
## CERTIFICATE OF MERIT / PARTICIPATION



S.No :

This is to certify that

Mr./ Miss.....**SADHISH R**.....



D.O.B **26.09.2004** S/o. D/o.....**RAVIL A**..... of

.....**NAMAKKAL**..... district has

participated in .....**KABADDI**..... Game/Event

in.....**ABOVE - 19**.....Category and Won .....**WINNER**..... held at


“Orange British Academy Senior Secondary School(CBSE), Arni,

Thiruvannamalai Dist, dated on 30<sup>th</sup> July 2022.

  
Mr.J. Rasu  
President,  
SGSDF, Tamil Nadu

  
Mr.R.Ajithkumar  
General Secretary  
SGSDF, Tamil Nadu

  
Mr.S.Rajesh Kumar  
Treasurer  
SGSDF, Tamil Nadu

  
Mr.Arun Villanova  
Co-ordinator  
SGSDF, Tamil Nadu







# 4<sup>TH</sup> STATE LEVEL CHAMPIONSHIP SPORTS MEET 2022

Organised by  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, TAMILNADU

Co-organized by **WISDOM**  
SPORTS COMPANY PVT LTD

Affiliated to  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, INDIA

Co-affiliated by **MEME**  
MICRO, SMALL & MEDIUM ENTERPRISES



## CERTIFICATE OF MERIT / PARTICIPATION

S.No :

This is to certify that

Mr./ Miss.....SENTHIL KUMAR S.....

D.O.B D/.....08.2004 S/o. D/o.....SAMBATH V..... of

.....NAMAKKAL..... district has

participated in .....KABADDI..... Game/Event

in.....ABOVE - 19..... Category and Won .....WINNER..... held at

"Orange British Academy Senior Secondary School(CBSE), Arni,

Thiruvannamalai Dist, dated on 30<sup>th</sup> July 2022.

Mr. J. Rasu

President,  
SGSDF, Tamil Nadu

Mr. R. Ajithkumar

General Secretary  
SGSDF, Tamil Nadu

Mr. S. Rajesh Kumar

Treasurer  
SGSDF, Tamil Nadu

Mr. Arun Villanova

Co-ordinator  
SGSDF, Tamil Nadu





# 4<sup>TH</sup> STATE LEVEL CHAMPIONSHIP SPORTS MEET 2022

Organised by  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, TAMILNADU  
Co-organized by **WISDOM**  
SPORTS COMPANY PVT LTD

Affiliated to  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, INDIA  
Co-affiliated by **MEME**  
SPORTS COMPANY PVT LTD

## CERTIFICATE OF MERIT / PARTICIPATION



S.No :

This is to certify that

Mr./ Miss.....**ANBARASU. M**.....

D.O.B **10.01.2003**. S/o. D/o.....**MANI. A**..... of

.....**NAMAKKAL**..... district has

participated in .....**KABADDI**..... Game/Event

in **ABOVE - 19**.....Category and Won **WINNER**..... held at

"Orange British Academy Senior Secondary School(CBSE), Arni,

Thiruvannamalai Dist, dated on 30<sup>th</sup> July 2022.

Mr. J. Rasu  
President,  
SGSDF, Tamil Nadu

Mr. R. Ajithkumar  
General Secretary  
SGSDF, Tamil Nadu

Mr. S. Rajesh Kumar  
Treasurer  
SGSDF, Tamil Nadu

Mr. Arun Villanova  
Co-ordinator  
SGSDF, Tamil Nadu



150  
COMPLEX

WISDOM

4<sup>TH</sup> STATE LEVEL  
**CHAMPIONSHIP**  
**SPORTS MEET 2022**

FIT  
INDIA

Organised by  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, TAMILNADU  
Co-organized by **WISDOM**  
SPORTS COMPANY PVT. LTD.

Affiliated to  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, INDIA  
Co-affiliated by **MEME**

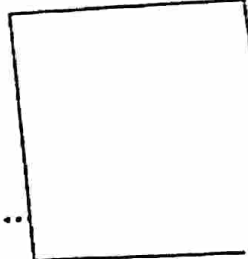


**CERTIFICATE OF MERIT / PARTICIPATION**

S.No :

This is to certify that

Mr./ Miss.....P.RABU..N.....



D.O.B ..24.03.2003 S/o. D/o.....NATARAJAN..K..... of  
.....NAMAKKAL..... district has  
participated in .....KABADDI..... Game/Event  
.....ABOVE-19..... Category and Won .....WINNER..... held a  
Orange British Academy Senior Secondary School(CBSE), Arni,  
Tiruvannamalai District, dated on 30<sup>th</sup> July 2022.

J. Rasu  
President,  
SGSDF, Tamil Nadu

Mr. R. Ajithkumar  
General Secretary  
SGSDF, Tamil Nadu

Mr. S. Rajesh Kumar  
Treasurer  
SGSDF, Tamil Nadu

Mr. Arun Villanar  
Co-ordinator  
SGSDF, Tamil Nadu







# 4<sup>TH</sup> STATE LEVEL CHAMPIONSHIP SPORTS MEET 2022

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SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, TAMILNADU

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SPORTS COMPANY PVT LTD

Affiliated to  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, INDIA

Co-affiliated by **MEME**  
MICRO, SMALL & MEDIUM ENTERPRISES

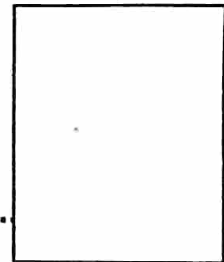
## CERTIFICATE OF MERIT / PARTICIPATION



S.No :

This is to certify that

Mr./ Miss.....POORAGAVAN.A.....



D.O.B 12.02.2004 S/o. D/o.....ARUMUGAM.M.S..... of

.....NAMAKKAL..... district has

participated in .....KABADDI..... Game/Event

in.....ABOVE-19.....Category and Won .....WINNER..... held at

"Orange British Academy Senior Secondary School(CBSE), Arni,

Thiruvannamalai Dist, dated on 30<sup>th</sup> July 2022.

Mr.J. Rasu  
President,  
SGSDF Tamil Nadu

Mr.R.Ajithkumar  
General Secretary  
SGSDF Tamil Nadu

Mr.S.Rajesh Kumar  
Treasurer  
SGSDF Tamil Nadu

Mr.Arun Villanova  
Co-ordinator  
SGSDF Tamil Nadu





# 4<sup>TH</sup> STATE LEVEL CHAMPIONSHIP SPORTS MEET 2022

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SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, TAMILNADU

Co-organized by **WISDOM**  
SPORTS COMPANY PVT LTD

Affiliated to  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, INDIA

Co-affiliated by **MSME**  
MICRO, SMALL & MEDIUM ENTERPRISES

## CERTIFICATE OF MERIT / PARTICIPATION



S.No :

This is to certify that

Mr./ Miss.....SURIYA.N.....

D.O.B 2.02.2003 S/o. D/o.....NAGARAJ.N..... of

.....NAMAKKAL..... district has

participated in .....KABADDI..... Game/Event

in.....ABOVE-19.....Category and Won .....WINNER..... held at

“Orange British Academy Senior Secondary School(CBSE), Arni,

Thiruvannamalai Dist, dated on 30<sup>th</sup> July 2022.

Mr.J. Rasu  
President,  
SGSDF, Tamil Nadu

Mr.R.Ajithkumar  
General Secretary  
SGSDF, Tamil Nadu

Mr.S.Rajesh Kumar  
Treasurer  
SGSDF, Tamil Nadu

Mr.Arun Villanova  
Co-ordinator  
SGSDF, Tamil Nadu





# 4<sup>TH</sup> STATE LEVEL CHAMPIONSHIP SPORTS MEET 2022

Organised by  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, TAMILNADU

Co-organized by **WISDOM**  
SPORTS COMPANY PVT LTD

Affiliated to  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, INDIA

Co-affiliated by **MEME**  
MICRO, SMALL & MEDIUM ENTERPRISES

## CERTIFICATE OF MERIT / PARTICIPATION



S.No :

This is to certify that

Mr./ Miss.....**RAJKUMAR.V**.....

D.O.B **24.05.2004** S/o. D/o.....**VENKATESAN.E**..... of

.....**NAMAKKAL**..... district has

participated in .....**KABADDI**..... Game/Event

in **ABOVE - 19**..... Category and Won .....**WINNER**..... held at

“Orange British Academy Senior Secondary School(CBSE), Arni,

Thiruvannamalai Dist, dated on 30<sup>th</sup> July 2022.

Mr.J. Rasu  
President,  
SGSDF, Tamil Nadu

Mr.R.Ajithkumar  
General Secretary  
SGSDF, Tamil Nadu

Mr.S.Rajesh Kumar  
Treasurer  
SGSDF, Tamil Nadu

Mr.Arun Villanova  
Co-ordinator  
SGSDF, Tamil Nadu





# 4<sup>TH</sup> STATE LEVEL CHAMPIONSHIP SPORTS MEET 2022

Organised by  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, TAMILNADU  
Co-organized by **WISDOM**  
SPORTS COMPANY PVT LTD

Affiliated to  
SCHOOL GAMES SPORTS  
DEVELOPMENT FOUNDATION, INDIA  
Co-affiliated by **MSME**  
MICRO, SMALL & MEDIUM ENTERPRISES



## CERTIFICATE OF MERIT / PARTICIPATION

S.No :

This is to certify that

Mr./ Miss.....YUVARAJ. M.....

D.O.B 16.02.2004 S/o. D/o.....MANIVASAGAM..... of  
.....NAMAKKAL..... district has

participated in .....KABADDI..... Game/Event  
in.ABOVE-19.....Category and Won .....WINNER..... held at

“Orange British Academy Senior Secondary School(CBSE), Arni,  
Thiruvannamalai Dist, dated on 30<sup>th</sup> July 2022.

  
Mr.J. Rasu  
President,  
SGSDF, Tamil Nadu

  
Mr.R.Ajithkumar  
General Secretary  
SGSDF, Tamil Nadu

  
Mr.S.Rajesh Kumar  
Treasurer  
SGSDF, Tamil Nadu

  
Mr.Arun Villanova  
Co-ordinator  
SGSDF, Tamil Nadu







# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



4th State Classic Powerlifting Championship 2022-23  
(Men & Women)

**SUB JUNIOR**

Date: 26, 27, 28 August, 2022

Venue: VOC Indoor Stadium, Palayamkottai, Tirunelveli

## Certificate of Merit

Certificate No. 363

Name P.DINESH KUMAR

Gender MALE

Date of Birth 17-04-2004

District SALAM

Category 120KG-SUB JUNIOR

Body Weight 108.20

Squat 207.50

Bench Press 137.50


Dead Lift 220.00

Total 565.00

**Place**

**FIRST**

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association





## TAMILNADU AMATEUR WEIGHTLIFTING ASSOCIATION

73<sup>RD</sup> MEN & 37<sup>TH</sup> WOMEN SENIOR WEIGHTLIFTING CHAMPIONSHIPS 2022 - 23

### Certificate of Honour

This is to certify that ~~Selvan~~ / Selvi .....**M...PRIYA**.....  
of .....**SALEM**..... has secured .....**FIRST**..... place  
in the .....**71 KG**..... Weight Class at the  
**73<sup>rd</sup> Men & 37<sup>th</sup> Women Senior WeightLifting Championships.**  
at .....**MANNAR KUDI**..... on .....**20-08-2022**

#### Performance

Two Hand Snatch ...**47**... Kg

Clean & Jerk ...**59**... Kg

Total ...**106**... Kg

(R. RAJESH RAVICHANDAR)

President

Tamilnadu Amateur Weightlifting Association

(M. TAMILSELVAN)

Hony. Secretary

Tamilnadu Amateur Weightlifting Association

Date : **20-08-22**





## TAMILNADU AMATEUR WEIGHTLIFTING ASSOCIATION

73<sup>RD</sup> MEN & 37<sup>TH</sup> WOMEN SENIOR WEIGHTLIFTING CHAMPIONSHIPS 2022 - 23

### Certificate of Honour

This is to certify that Selvan / Selvi .....K...KAVITHA.....  
of .....SALEM..... has secured .....FIRST..... place  
in the .....64...KG..... Weight Class at the  
73<sup>rd</sup> Men & 37<sup>th</sup> Women Senior WeightLifting Championships.  
at .....MANNARKUDI..... on .....20-08-2022

#### Performance

Two Hand Snatch ...44... Kg

Clean & Jerk ...55... Kg

Total .....99..... Kg

  
.....  
(R. RAJESH RAVICHANDAR)

President

Tamilnadu Amateur Weightlifting Association

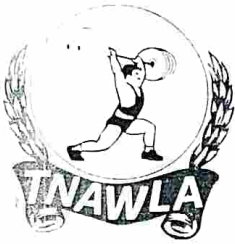
  
.....  
(M. TAMILSELVAN)

Hony. Secretary

Tamilnadu Amateur Weightlifting Association

Date : 20-08-22





## TAMILNADU AMATEUR WEIGHTLIFTING ASSOCIATION

73<sup>RD</sup> MEN & 37<sup>TH</sup> WOMEN SENIOR WEIGHTLIFTING CHAMPIONSHIPS 2022 - 23

### Certificate of Honour

This is to certify that Selvan / Selvi .....**K. INDUMATHI**.....  
of .....**SALEM**..... has secured .....**SECOND**..... place  
in the .....**59**.....**KG**..... Weight Class at the  
**73<sup>rd</sup> Men & 37<sup>th</sup> Women Senior WeightLifting Championships.**  
at .....**MANNARKUDI**..... on .....**20-08-2022**

#### Performance

Two Hand Snatch **30**.... Kg

Clean & Jerk **40**.... Kg

Total **70**.... Kg

.....  
(R. RAJESH RAVICHANDAR)

President

Tamilnadu Amateur Weightlifting Association

.....  
(M. TAMILSELVAN)

Hony. Secretary

Tamilnadu Amateur Weightlifting Association

Date : **20-08-22**





## TAMILNADU AMATEUR WEIGHTLIFTING ASSOCIATION

73<sup>RD</sup> MEN & 37<sup>TH</sup> WOMEN SENIOR WEIGHTLIFTING CHAMPIONSHIPS 2022 - 23

### Certificate of Honour

This is to certify that Selvan / Selvi .....**A. VADIVAMMAL**.....  
of .....**NAMAKKAL**..... has secured .....**SECOND**..... place  
in the .....**49 KG**..... Weight Class at the  
**73<sup>rd</sup> Men & 37<sup>th</sup> Women Senior WeightLifting Championships.**  
at .....**MANNARKUDI**..... on .....**20-08-2022**

#### Performance

Two Hand Snatch **35** Kg

Clean & Jerk **40** Kg

Total **75** Kg

(R. RAJESH RAVICHANDAR)

President

Tamilnadu Amateur Weightlifting Association

(M. TAMILSELVAN)

Hony. Secretary

Tamilnadu Amateur Weightlifting Association

Date : **20-08-22**





## TAMILNADU AMATEUR WEIGHTLIFTING ASSOCIATION

73<sup>RD</sup> MEN & 37<sup>TH</sup> WOMEN SENIOR WEIGHTLIFTING CHAMPIONSHIPS 2022 - 23

### Certificate of Honour

This is to certify that *Selvan / Selvi* ....**S.V. KANUPRIYA**.....  
of .....**SALEM**..... has secured .....**FIRST**..... place  
in the .....**76**...**KG**..... Weight Class at the  
**73<sup>rd</sup> Men & 37<sup>th</sup> Women Senior WeightLifting Championships.**  
at .....**MANNARKUDI**..... on .....**20-08-2022**

#### Performance

Two Hand Snatch ....**37**.... Kg

Clean & Jerk ....**45**.... Kg

Total ....**82**.... Kg

.....  
(R. RAJESH RAVICHANDAR)

President

Tamilnadu Amateur Weightlifting Association

.....  
(M. TAMILSELVAN)

Hony. Secretary

Tamilnadu Amateur Weightlifting Association

Date : **20-08-22**...





## TAMILNADU AMATEUR WEIGHTLIFTING ASSOCIATION

73<sup>RD</sup> MEN & 37<sup>TH</sup> WOMEN SENIOR WEIGHTLIFTING CHAMPIONSHIPS 2022 - 23

### Certificate of Honour

This is to certify that Selvan / Selvi ....**B...LOKESHWARAN**.....  
of .....**SALEM**..... has secured .....**FIRST**..... place  
in the .....**61..KG**..... Weight Class at the  
**73<sup>rd</sup> Men & 37<sup>th</sup> Women Senior WeightLifting Championships.**  
at .....**MANNARKUDI**..... on .....**20-08-2022**

#### Performance

Two Hand Snatch ....**72**.... Kg

Clean & Jerk ....**100**.... Kg

Total ....**172**.... Kg

(R. RAJESH RAVICHANDAR)

President

Tamilnadu Amateur Weightlifting Association

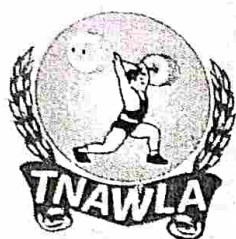
(M. TAMILSELVAN)

Hony. Secretary

Tamilnadu Amateur Weightlifting Association

Date : **20-08-22**





## TAMILNADU AMATEUR WEIGHTLIFTING ASSOCIATION

73<sup>RD</sup> MEN & 37<sup>TH</sup> WOMEN SENIOR WEIGHTLIFTING CHAMPIONSHIPS 2022 - 23

### Certificate of Honour

This is to certify that Selvan / Selvi ..... P. DINESH KUMAR .....  
of ..... SALEM ..... has secured ..... FIRST ..... place  
in the ..... +109 Kg ..... Weight Class at the  
73<sup>rd</sup> Men & 37<sup>th</sup> Women Senior WeightLifting Championships.  
at ..... MANMARUDI ..... on ..... 20.08.2022

#### Performance

Two Hand Snatch 70 Kg

Clean & Jerk 80 Kg

Total 150 Kg

R. Rajesh Ravichandar  
(R. RAJESH RAVICHANDAR)

President

Tamilnadu Amateur Weightlifting Association

M. Tamilselvan  
(M. TAMILSELVAN)

Hony. Secretary

Tamilnadu Amateur Weightlifting Association

Date : 20.08.22




# TAMILNADU ATHLETIC ASSOCIATION




## MERIT CERTIFICATE

This is to certify that .....**MONIKA..P**.....  
representing.....**VELLORE DAA**.....secured.....**THIRD**.....place  
in ..**JAVELIN THROW**..... performance...**34.49 m**.... in the age group of **GIRLS...U20**...in  
**35<sup>TH</sup> Tamilnadu State Junior Open Athletic Championship Organised by Krishnagiri District Athletic Association at SDAT Ground, Krishnagiri from 17<sup>th</sup> to 20<sup>th</sup> August, 2022.**

Date of Birth given by him/her is .....**24.02.2003**.....

  
**W.I. DAVARAM, I.P.S.**  
President, TNAA

  
**C. LATHA**  
Secretary, TNAA

  
**D. MATHIYALAGAN**  
President, KDAA

  
**M. RAVICHANDRAN**  
Secretary, KDAA





# TAMILNADU ATHLETIC ASSOCIATION

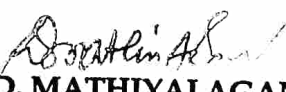


## MERIT CERTIFICATE

This is to certify that .....TAMILSELVI . A.....  
representing.....SDAT.....secured.....FIRST.....place  
in .....4x100 M. Relay..... performance.....51.53 sec. in the age group of GIRLS U20 in  
**35<sup>TH</sup> Tamilnadu State Junior Open Athletic Championship Organised by Krishnagiri District Athletic**  
**Association at SDAT Ground, Krishnagiri from 17<sup>th</sup> to 20<sup>th</sup> August, 2022.**  
Date of Birth given by him/her is .....24.05.2004.....

  
**W.I. DAVARAM, I.P.S.**  
President, TNAA

  
**C. LATHA**  
Secretary, TNAA

  
**D. MATHIYALAGAN**  
President, KDAA

  
**M. RAVICHANDRAN**  
Secretary, KDAA



Sr. No.

47869



**TAMILNADU SCHOOL GAMES & ACTIVITY DEVELOPMENT FOUNDATION**

Affiliated to School Games & Activity Development Foundation  
Register Under: Indian Govt. Trust Act, NITI Aayog Govt. of India.  
MSME - Ministry of Micro Small & Medium Enterprises,  
Fit India & Nehru Yuva Kendra Sangathan  
Affiliated With: International Council for Sports & Activity Federation  
Membership By International: ICSSPE-IAKS-TAFISA  
Organization Certified By: International Organization Standardization ISO 9001:2015  
IAKS Partner of: FSN, International Paralympic Committee, German Sports University  
ICSSPE Partner of: International Federation of Sports Medicine, International Olympic Committee

**MINISTRY OF YOUTH AFFAIRS AND SPORTS GOVERNMENT OF INDIA**

# STATE CHAMPIONSHIP

## Certificate of Merit/Participation

This is to certify that R. PRADEEP Son / Daughter  
of RAJA Date of Birth 19 / 05 / 2003  
from School / State / Academy / Organization / College  
MUTHAYAMMAL COLLEGE - NAMAKKAL  
Participated in STATE CHAMPIONSHIP which was held on  
30 / 31 / 07 / 2022 at SDAT - STADIUM  
TIRUPPUR

He / She got FIRST Place in JUDO Game

Event in U-19 Age Category.



Original Certificate  
Identity

H. Pradeep  
Mr. M. Poovarasam  
Tamil Nadu SGADF / President

Shivam  
Mr. Shivam Thakur  
National Member / President

Ankit  
Mr. Ankit Kumar  
Vice President





Sr. No. 47863



**TAMILNADU SCHOOL GAMES & ACTIVITY DEVELOPMENT FOUNDATION**

Affiliated to School Games & Activity Development Foundation  
Register Under: Indian Govt. Trust Act, NITI Aayog Govt. of India,  
MSME - Ministry of Micro Small & Medium Enterprises,  
Fit India & Nehru Yuva Kendra Sangathan  
Affiliated With: International Council for Sports & Activity Federation  
Membership By International : ICSSPE-IAKS-TAFISA  
Organization Certified By : International Organization Standardization ISO 9001:2015  
IAKS Partner of : FSN, International Paralympic Committee, German Sports University  
ICSSPE Partner of : International Federation of Sports Medicine, International Olympic Committee

**MINISTRY OF YOUTH AFFAIRS AND SPORTS GOVERNMENT OF INDIA**

# STATE CHAMPIONSHIP

## Certificate of Merit/Participation

This is to certify that **B. SANTHOSH** ✓ Son / Daughter  
of **BALACHANDRAN** Date of Birth **22 / 09 / 2002**  
from School / State / Academy / Organization / College  
**MUTHAYAMMAL COLLEGE NAMAKKAL**  
Participated in STATE CHAMPIONSHIP which was held on  
**30-31/07/2022** at **SDAT STADIUM**  
**TIRUPPUR**

He / She got **FIRST** Place in **JUDO** Game  
Event in **U-19** Age Category.



Original Certificate  
Identity

**H. Prashanth**  
Mr. M. Poovarasan  
Tamilnadu SGADF / President

**Shivam Thakur**  
Mr. Shivam Thakur  
National Member / President

**Ankit Kumar**  
Mr. Ankit Kumar  
Vice President



**TAFISA**



**ICSSPE**



**IAKS**



# SHAHEED BHAGAT SINGH OPEN NATIONAL CHAMPIONSHIP - 2022



Registered Under Societies Registration Act 1860  
Registered MSME (Ministry of MSME Govt. of India), Niti Aayog and Fit India



ORG. BY  
**SHAHEED BHAGAT SINGH SPORTS FOUNDATION**

VENUE : ST. JOSEPH SCHOOL, CALANGUTE, GOA

DATE : 25-08-2022 TO 27-08-2022

## Certificate of Merit/Participation

Regd. No. : S/RS/DW(SW)/1774/2019

Cert. No. SBSSF/AUG/

Aadhar Card No. 9675 9326 4326

That Mr./Mrs. RAJ KUMAR V Father's Name VENKATESAN E.

D.O.B. 4.5.2004 From TAMIL NADU State Participated as a

Player/Official in Shaheed Bhagat Singh

Open National Championship-2022

at St. Joseph School, Goa in The Game KABADDI Event/Weight 75....

In Age Group ABOVE 19... and Got GOLD..... Medal.

RAJA JAT  
President  
(SBSSF)

AKASH MAHI  
Org. Secretary  
(SBSSF)

MANISH DIWEDI  
Organising President  
(SBSSF)

NARENDRA AHIRE  
General Secretary  
(SBSSF)





# NATIONAL LEVEL FEDERATION OF IP



INDIA

Organised by

SCHOOL GAMES SPORTS DEVELOPMENT FOUNDATION, INDIA

Co-Affiliated to **MSME** MICRO, SMALL & MEDIUM ENTERPRISES

## CERTIFICATE OF MERIT / PARTICIPATION



S.No :

This is to certify that

Mr./ Miss.....ANBARASU M.....

D.O.B 10.01.2003..... S/o. D/o.....MARLI A.....

of ..... State has

participated in KABADDI..... Game / Event in

KABADDI..... Category and Won GOLD..... held

at "St. Joseph School", Calangute beach, Goa, dated on August  
25<sup>th</sup>, 26<sup>th</sup> & 27<sup>th</sup> 2022.



  
**Mr. J. Rasu**  
President,  
SGSDF, INDIA

  
**Mr. R. Ajithkumar**  
General Secretary  
SGSDF, INDIA

  
**Mr. S. Rajesh Kumar**  
Treasurer  
SGSDF, INDIA

  
**Mr. Arun Villanova**  
Co-ordinator  
SGSDF, INDIA



# SHAHEED BHAGAT SINGH OPEN NATIONAL CHAMPIONSHIP - 2022

Registered Under Societies Registration Act 1860

Registered MSME {Ministry of MSME Govt. of India}, Niti Aayog and Fit India



**FIT  
INDIA**



ORG. BY

**SHAHEED BHAGAT SINGH SPORTS FOUNDATION**

**VENUE : ST. JOSEPH SCHOOL, CALANGUTE, GOA**

**DATE : 25-08-2022 TO 27-08-2022**

## *Certificate of Merit/Participation*

Regd. No. : S/RS/DW(SW)/1774/2019

Cert. No. SBSSF/AUG/

Aadhar Card No. 7305 9007 0906

That Mr./Mrs. .... PRABU : N ..... Father's Name NADARATAN : K

D.O.B. 24:3:2003 From TAMIL NADU ..... State Participated as a

**Player/Official in Shaheed Bhagat Singh**

**Open National Championship-2022**

at St. Joseph School, Goa in The Game KABADDI Event/Weight 60...

In Age Group ABOVE-19... and Got GOLD..... Medal.

**RAJA JAT**  
President  
(SBSSF)

**AKASH MAHI**  
Org. Secretary  
(SBSSF)

**MANISH DIWEDI**  
Organising President  
(SBSSF)

**NARENDRA AHIRE**  
General Secretary  
(SBSSF)





# SHAHEED BHAGAT SINGH OPEN NATIONAL CHAMPIONSHIP - 2022

Registered Under Societies Registration Act 1860

Registered MSME (Ministry of MSME Govt. of India), Niti Aayog and Fit India



**FIT  
INDIA**



ORG. BY

**SHAHEED BHAGAT SINGH SPORTS FOUNDATION**



VENUE : ST. JOSEPH SCHOOL, CALANGUTE, GOA

DATE : 25-08-2022 TO 27-08-2022

## Certificate of Merit/Participation

Regd. No. : S/RS/DW(SW)/1774/2019

Cert. No. SBSSF/AUG/

Aadhar Card No. 7697 50072408

That Mr./Mrs. .... SURIYA : N ..... Father's Name NAVARATIAN : N...

D.O.B. 2.2.2003. From TAMIL NADU ..... State Participated as a

✓  
Player/Official in Shaheed Bhagat Singh

Open National Championship-2022

at St. Joseph School, Goa in The Game KABADDI Event/Weight 50...

In Age Group ABOVE-19 .. and Got .... GOLD ..... Medal.

RAJA JAT  
President  
(SBSSF)

AKASH MAHI  
Org. Secretary  
(SBSSF)

MANISH DIWEDI  
Organising President  
(SBSSF)

NARENDRA AHIRE  
General Secretary  
(SBSSF)





# SHAHEED BHAGAT SINGH OPEN NATIONAL CHAMPIONSHIP - 2022

Registered Under Societies Registration Act 1860

Registered MSME (Ministry of MSME Govt. of India), Niti Aayog and Fit India



**FIT  
INDIA**



ORG. BY  
**SHAHEED BHAGAT SINGH SPORTS FOUNDATION**

VENUE : ST. JOSEPH SCHOOL, CALANGUTE, GOA

DATE : 25-08-2022 TO 27-08-2022

## Certificate of Merit/Participation

Regd. No. : S/RS/DW(SW)/1774/2019

Cert. No. SBSSF/AUG/

Aadhar Card No. 852105016980

That Mr./Mrs. YUVARAJ M Father's Name MANIVASAGAM M


D.O.B. 16.2.2004 From TAMIL NADU State Participated as a

✓  
Player/Official in Shaheed Bhagat Singh

Open National Championship-2022

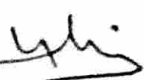
at St. Joseph School, Goa in The Game KABADDI Event/Weight 65...

In Age Group ABOVE-19 and Got GOLD Medal.

  
RAJA JAT  
President  
(SBSSF)

  
AKASH MAHI  
Org. Secretary  
(SBSSF)

  
MANISH DIWEDI  
Organising President  
(SBSSF)

  
NARENDRA AHIRE  
General Secretary  
(SBSSF)





# SHAHEED BHAGAT SINGH OPEN NATIONAL CHAMPIONSHIP - 2022

Registered Under Societies Registration Act 1860

Registered MSME (Ministry of MSME Govt. of India), Niti Aayog and Fit India



**FIT  
INDIA**



ORG. BY

**SHAHEED BHAGAT SINGH SPORTS FOUNDATION**

**VENUE : ST. JOSEPH SCHOOL, CALANGUTE, GOA**

**DATE : 25-08-2022 TO 27-08-2022**

## *Certificate of Merit/Participation*

Regd. No. : S/RS/DW(SW)/1774/2019

Cert. No. SBSSF/AUG/

Aadhar Card No. 9577 3067 1596

That Mr./Mrs. .... NAVEEN RAI : V ..... Father's Name... VISWANATHAN : M .....

D.O.B. 6.2.2002.. From TAMIL NADU ..... State Participated as a

☒ **Player/Official in Shaheed Bhagat Singh**

**Open National Championship-2022**

at St. Joseph School, Goa in The Game .. KABADDI .. Event/Weight .. 60 ..

In Age Group ABOVE-19 ... and Got ..... GOLD ..... Medal.

**RAJA JAT**  
President  
(SBSSF)

**AKASH MAHI**  
Org. Secretary  
(SBSSF)

**MANISH DIWEDI**  
Organising President  
(SBSSF)

**NARENDRA AHIRE**  
General Secretary  
(SBSSF)





# SHAHEED BHAGAT SINGH OPEN NATIONAL CHAMPIONSHIP - 2022



Registered Under Societies Registration Act 1860  
Registered MSME (Ministry of MSME Govt. of India), Niti Aayog and Fit India

**FIT  
INDIA**



ORG. BY  
**SHAHEED BHAGAT SINGH SPORTS FOUNDATION**

VENUE : ST. JOSEPH SCHOOL, CALANGUTE, GOA  
DATE : 25-08-2022 TO 27-08-2022

## Certificate of Merit/Participation

Regd. No. : S/RS/DW(SW)/1774/2019

Cert. No. SBSSF/AUG/

Aadhar Card No. 6231 8161 0196

That Mr./Mrs. SURYA M. Father's Name MURUGAN J.

D.O.B. 15.11.2003 From TAMIL NADU State Participated as a

✓ **Player/Official in Shaheed Bhagat Singh**

**Open National Championship-2022**

at St. Joseph School, Goa in The Game KABADDI Event/Weight 51...

In Age Group ABOVE-19 and Got GOLD Medal.

**RAJA JAT**  
President  
(SBSSF)

**AKASH MAHI**  
Org. Secretary  
(SBSSF)

**MANISH DIWEDI**  
Organising President  
(SBSSF)

**NARENDRA AHIRE**  
General Secretary  
(SBSSF)





# TAMILNADU ATHLETIC ASSOCIATION



## MERIT CERTIFICATE

This is to certify that RAJESWARI . R  
representing DINDIGUL DISTRICT secured THIRD place  
in 4X100M. RELAY performance 51.67 sec in the age group of GIRLS U20 in  
36<sup>th</sup> Tamilnadu Inter District Junior Athletic Championship Organised by Tiruvannamalai District Athletic  
Association at SDAT Stadium, Tiruvannamalai from 16<sup>th</sup> to 19<sup>th</sup> October, 2022.

Date of Birth given by him/her is 23.07.2004

W.I. DAVARAM, I.P.S.  
President, TNAA

E.V. KAMBAN  
President, TDAA

K. PUHAZENDI  
Secretary TDAA

C. LATHA  
Secretary, TNAA

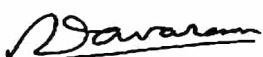



# TAMILNADU ATHLETIC ASSOCIATION





## MERIT CERTIFICATE

This is to certify that TAMIL SELVI . A  
representing DINDIGUL DISTRICT secured THIRD place  
in 4X100M RELAY performance 51.67 sec in the age group of GIRLS U20 in  
36<sup>th</sup> Tamilnadu Inter District Junior Athletic Championship Organised by Tiruvannamalai District Athletic  
Association at SDAT Stadium, Tiruvannamalai from 16<sup>th</sup> to 19<sup>th</sup> October, 2022.  
Date of Birth given by him/her is 24.05.2004

  
W.I. DAVARAM, I.P.S.  
President, TNAA

  
E.V. KAMBAN  
President, TDAA

  
K. PUHAZENDI  
Secretary TDAA

  
C. LATHA  
Secretary, TNAA

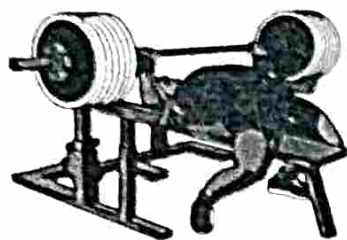




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



13th Tamilnadu State Benchpress Championship 2022-23  
(Men & Women)

**JUNIOR**

Date: 01 & 02, October, 2022

Venue: Sri Vardha Mahal, Surapet, Chennai-600 066

## Certificate of Merit

Certificate No.	30
Name	K.KAVITHA
Gender	FEMALE
Date of Birth	19-07-2000
District	SALEM
Division	EQUIPPED
Category	63KG-JUNIOR
Body Weight	58.80
Bench Press	65.00

**Place**

**FIRST**

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association

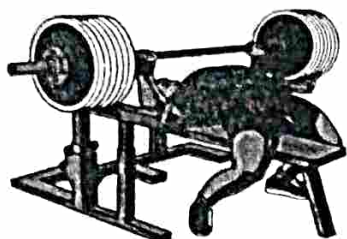




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



13th Tamilnadu State Benchpress Championship 2022-23  
(Men & Women)

**JUNIOR**

Date: 01 & 02, October, 2022

Venue: Sri Vardha Mahal, Surapet, Chennai-600 066

## Certificate of Merit

39

Certificate No.

**M.PRIYA**

Name

**FEMALE**

Gender

**01-06-2000**

Date of Birth

**SALEM**

District

**EQUIPPED**

Division

**69KG-JUNIOR**

Category

**64.40**

Body Weight

**85.00**

Bench Press

**Place**

**FIRST**

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association

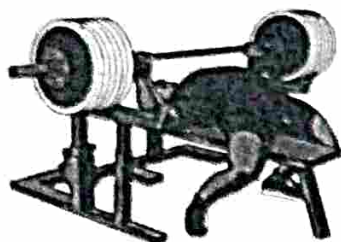




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



13th Tamilnadu State Benchpress Championship 2022-23  
(Men & Women)

**SUB JUNIOR**

Date: 01 & 02, October, 2022

Venue: Sri Vardha Mahal, Surapet, Chennai-600 066

## Certificate of Merit

37

Certificate No.

D.YUVASRI

Name

FEMALE

Gender

14-11-2004

Date of Birth

SALEM

District

EQUIPPED

Division

69KG-SUB JUNIOR

Category

64.50

Body Weight

37.50

Bench Press

**Place**

**FIRST**

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association

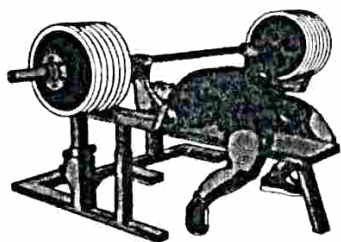




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



13th Tamilnadu State Benchpress Championship 2022-23  
(Men & Women)

**JUNIOR**

Date: 01 & 02, October, 2022

Venue: Sri Vardha Mahal, Surapet, Chennai-600 066

## Certificate of Merit

22

Certificate No.

**K.INDHUMATHI**

Name

**FEMALE**

Gender

**01-03-2001**

Date of Birth

**SALEM**

District

**EQUIPPED**

Division

**57KG-JUNIOR**

Category

**56.80**

Body Weight

**60.00**

Bench Press

**Place**

**SECOND**

Honorary General Secretary  
Tamil Nadu Powerlifting Association

Honorary President  
Tamil Nadu Powerlifting Association

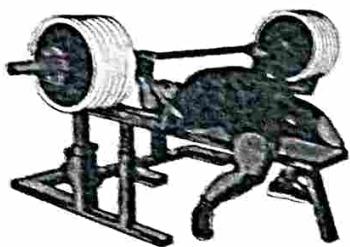




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



13th Tamilnadu State Benchpress Championship 2022-23  
(Men & Women)

**JUNIOR**

Date: 01 & 02, October, 2022


Venue: Sri Vardha Mahal, Surapet, Chennai-600 066

## Certificate of Merit

Certificate No.	42
Name	S.KAVI PRIYA
Gender	FEMALE
Date of Birth	10-07-2002
District	SALEM
Division	EQUIPPED
Category	76KG-JUNIOR
Body Weight	72.30
Bench Press	72.30

**Place**

**SECOND**

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association

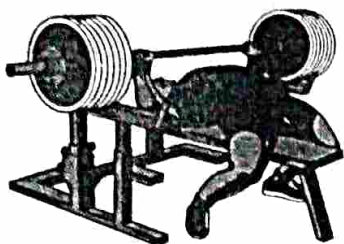




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



13th Tamilnadu State Benchpress Championship 2022-23  
(Men & Women)

**SUB JUNIOR**

Date: 01 & 02, October, 2022

Venue: Sri Vardha Mahal, Surapet, Chennai-600 066

## Certificate of Merit

28

Certificate No.

**N.BARTHI**

Name

**FEMALE**

Gender

**05-06-2005**

Date of Birth

**SALEM**

District

**EQUIPPED**

Division

**63KG-SUB JUNIOR**

Category

**61.00**

Body Weight

**40.00**

Bench Press

**Place**

**SECOND**

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association

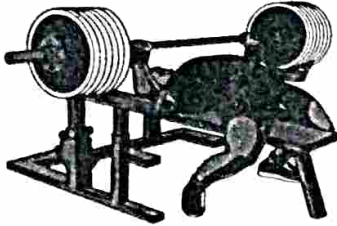




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



13th Tamilnadu State Benchpress Championship 2022-23  
(Men & Women)

**SUB JUNIOR**

Date: 01 & 02, October, 2022

Venue: Sri Vardha Mahal, Surapet, Chennai-600 066

## Certificate of Merit

11

Certificate No.

**K.LAVANYA**

Name

**FEMALE**

Gender

**27-03-2005**

Date of Birth

**SALEM**

District

**EQUIPPED**

Division

**52KG-SUB JUNIOR**

Category

**49.85**

Body Weight

**40.00**

Bench Press

**Place**

**THIRD**

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association

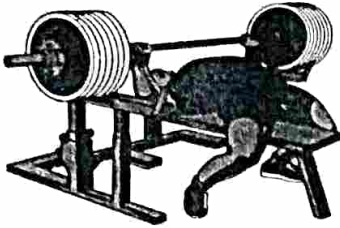




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



13th Tamilnadu State Benchpress Championship 2022-23  
(Men & Women)

**SUB JUNIOR**

Date: 01 & 02, October, 2022

Venue: Sri Vardha Mahal, Surapet, Chennai-600 066

## Certificate of Merit

19

Certificate No.

**K.DEVIKA**

Name

**FEMALE**

Gender

**05-06-2005**

Date of Birth

**SALEM**

District

**EQUIPPED**

Division

**57KG-SUB JUNIOR**

Category

**53.40**

Body Weight

**32.50**

Bench Press

**Place**

**THIRD**

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association





# 1st STATE LEVEL OPEN WRESTLING MEET 2022

Organized by : Kalakurichi Wrestling Association (Alliance with Tamilnadu Wrestling Association)  
15 & 16th October 2022 at Kannan Mahal, Kalakurichi.

Awarded to B. SANTHOSH

S/o/D/o BALA CHANDRAN

Date of Birth 22-09-2002

for Mini / Sub junior / Junior / Senior (Boys / Girls / Men / Women) Participation as Wrestler / Official / Referee / Juries

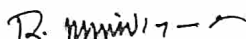
Free Style and Greco Roman Style

Category 98-KG (Kg) Position SILVER



**M. Padmaraja**

Chairman, Traditional Wrestling  
Wrestling Federation of India




**M. L.R. Subrayalu**

President  
Kallakurichi Wrestling Association



**M. Shajahan B.E.,**

Secretary,  
Salem Wrestling Association



**Mr. Rakesh Dalai**

Level - I, Coach.  
Haryana.





**TONG - IL MOO - DO FEDERATION OF INDIA (Regd.)**



# 11 th JUNIOR & SENIOR NATIONAL TONG-IL-MOO-DO CHAMPIONSHIP - 2022

Organized by : Tong - IL Moo - Do Association Kerala

Certificate No  
TMFI/J-S-22...057



Certificate  
Merit / Participation / Official

This is to certify that Mr./ Miss./ Mrs. B. SANTOSH BALACHANDR  
of State Chapter TAMILNADU is participating  
in U120 above 85kg Event / Weight category secured Gold Position  
in 11 Th Junior & Senior National Tong-il-moo-do Championship - 2022

Date : 04 To 06 November 2022

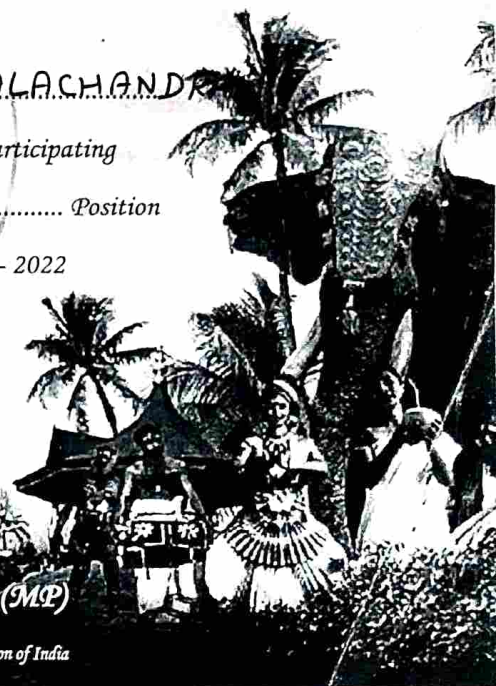
Venue : V. K. Krishna Menon Indoor Stadium, Kerala

**Mohammad Arshad**  
Secretary General  
Tong - IL Moo - Do Federation of India

**Mr. Rajeev T**  
General Secretary  
Tong IL-Moo-Do Association Kerala

**Mr. P.A. Hamza**  
President  
Tong IL-Moo-Do Association Kerala

**Manoj Tiwari (MP)**  
President  
Tong - IL Moo - Do Federation of India







ISO 9001 : 2015  
CIN-92490MP2019NPL047658



SUPPORTED BY  
NATIONAL SPORTS COUNCIL  
NEPAL - GOVT. OF NEPAL

# SBKF 7TH INTERNATIONAL GAMES 2022 NEPAL

CERTIFICATE NO.  
SBKF/ICN/6210

ORGANIZED BY - SANYUKTA BHARTIYA KHEL FOUNDATION  
HOSTED BY - INDU SHREE ORGANIZATION

AADHAR CARD NO.  
838943120404



## CERTIFICATE OF MERIT



This Is Awarded To

**MR.SANTHOSH BALACHANDRAN**

Country **INDIA** D.O.B **22/09/2002**  
Event  
**JUDO - 94 KG**  
Age Group **UNDER-23** Secured **FIRST** Position  
In The Sbkf International Championship 2022.

### MEGA EVENT HELD ON

**16th To 19th November At Rangasala International Stadium, Pokhara  
(Nepal)**

**MRS. SHIVA TIWARI**  
General Secretary  
SBKF  
INDIA

**MR. SAMPANNA SHRESTHA**  
Board Member  
National Sports Council  
NEPAL

**SANTOSH KUMAR S.**  
Vice President  
Sports Event Management  
NEPAL





# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



## 3<sup>RD</sup> TAMILNADU STATE INTERCOLLEGIATE POWERLIFTING CHAMPIONSHIP 2022

Date : 05 & 06, November 2022

Venue : KPR Kalaingarangam, KPR Institute of Engineering and Technology, Arasur, Coimbatore

## Certificate of Merit

Certificate No.	126
Name	M.PRIYA
Gender	FEMALE
Date of Birth	01-06-2000
District	MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE-NAMAKKAL
Category	69KG
Body Weight	63.95
Squat	160.00
Bench Press	80.00
Dead Lift	150.00
Total	390.00

**Place** FIRST

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association



  
Honorary President  
Tamil Nadu Powerlifting Association





# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



## 3<sup>RD</sup> TAMILNADU STATE INTERCOLLEGIATE POWERLIFTING CHAMPIONSHIP 2022

Date : 05 & 06, November 2022

Venue : KPR Kalaingarangam, KPR Institute of  
Engineering and Technology, Arasur, Coimbatore

## Certificate of Merit

Certificate No.	115
Name	K.KAVITHA
Gender	FEMALE
Date of Birth	19-07-2000
District	MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE-NAMAKKAL
Category	63KG
Body Weight	58.20
Squat	140.00
Bench Press	70.00
Dead Lift	152.50
Total	362.50

Place

SECOND

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association



  
Honorary President  
Tamil Nadu Powerlifting Association





# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



## 3<sup>RD</sup> TAMILNADU STATE INTERCOLLEGIATE POWERLIFTING CHAMPIONSHIP 2022

Date : 05 & 06, November 2022

Venue : KPR Kalaiarangam, KPR Institute of  
Engineering and Technology, Arasur, Coimbatore

## Certificate of Merit

Certificate No.	94
Name	K.LAVANYA
Gender	FEMALE
Date of Birth	27-03-2005
District	MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE-NAMAKKAL
Category	47KG
Body Weight	46.50
Squat	90.00
Bench Press	50.00
Dead Lift	85.00
Total	225.00

Place

SECOND

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association



  
Honorary President  
Tamil Nadu Powerlifting Association





# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



## 3<sup>RD</sup> TAMILNADU STATE INTERCOLLEGIATE POWERLIFTING CHAMPIONSHIP 2022

Date : 05 & 06, November 2022

Venue : KPR Kalaiaragam, KPR Institute of  
Engineering and Technology, Arasur, Coimbatore

## Certificate of Merit

Certificate No.	89
Name	C.KOKILA
Gender	FEMALE
Date of Birth	16-01-2002
District	MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE-NAMAKKAL
Category	43KG
Body Weight	40.50
Squat	65.00
Bench Press	40.00
Dead Lift	90.00
Total	195.00

**Place**

**SECOND**

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association



  
Honorary President  
Tamil Nadu Powerlifting Association





# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



## 3<sup>RD</sup> TAMILNADU STATE INTERCOLLEGIATE POWERLIFTING CHAMPIONSHIP 2022

Date : 05 & 06, November 2022

Venue : KPR Kalaiarangam, KPR Institute of  
Engineering and Technology, Arasur, Coimbatore

## Certificate of Merit

Certificate No.

144

Name

U.INDHUMATHI

Gender

FEMALE

Date of Birth

17-05-2004

District

MUTHAYAMMAL COLLEGE OF ARTS & SCIENCE-NAMAKKAL

Category

84KG

Body Weight

83.70

Squat

95.00

Bench Press

47.50

Dead Lift

87.50

Total

230.00

Place

THIRD

Honorary General Secretary  
Tamil Nadu Powerlifting Association



Honorary President  
Tamil Nadu Powerlifting Association





# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Recognised by Sports Development Authority of Tamil Nadu | Recognised by Tamil Nadu Olympic Association



## 3<sup>RD</sup> TAMILNADU STATE INTERCOLLEGIATE POWERLIFTING CHAMPIONSHIP 2022

Date : 05 & 06, November 2022

Venue : KPR Kalaiarangam, KPR Institute of  
Engineering and Technology, Arasur, Coimbatore

## Certificate of Merit

Certificate No.	357
Name	P.DINESH KUAMR
Gender	MALE
Date of Birth	17-04-2004
District	MUTHAYAMMAL ARTS & SCIENCE COLLEGE-NAMAKKAL
Category	120KG
Body Weight	112.90
Squat	292.50
Bench Press	150.00
Dead Lift	242.50
Total	685.00

Place

SECOND

Honorary General Secretary  
Tamil Nadu Powerlifting Association



Honorary President  
Tamil Nadu Powerlifting Association



# COMMONWEALTH POWERLIFTING FEDERATION CERTIFICATE

THIS IS TO CERTIFY THAT

## PRIYA M

OF THE NATION

## INDIA

Achieved the **FIRST** Place with the following performance result in

**JUNIOR – 69 KG – EQUIPPED POWERLIFTING CLASS**

**(145.0 KG SQUAT**

**82.5 KG BENCHPRESS**

**147.5 KG DEADLIFT**

**375.0 KG TOTAL)**

AT THE 9<sup>TH</sup> COMMONWEALTH CLASSIC AND EQUIPPED POWERLIFTING AND BENCHPRESS CHAMPIONSHIPS  
held at Auckland, New Zealand from November 28 – December 04, 2022.

IN ACCORDANCE WITH THE RULES AND REGULATIONS OF THE COMMONWEALTH POWERLIFTING FEDERATION  
AND THE INTERNATIONAL POWERLIFTING FEDERATION

*Richard Parker*

PRESIDENT

*Bill Yea*

GENERAL SECRETARY



# COMMONWEALTH POWERLIFTING FEDERATION

## CERTIFICATE

THIS IS TO CERTIFY THAT

# KAVITHA K

OF THE NATION

## INDIA

Achieved the FIRST Place with the following performance result in

JUNIOR – 63 KG – EQUIPPED POWERLIFTING CLASS

(135.0 KG SQUAT    70.0 KG BENCHPRESS    140.0 KG DEADLIFT    345.0 KG TOTAL)

AT THE 9<sup>TH</sup> COMMONWEALTH CLASSIC AND EQUIPPED POWERLIFTING AND BENCHPRESS CHAMPIONSHIPS  
held at Auckland, New Zealand from November 28 – December 04, 2022.

IN ACCORDANCE WITH THE RULES AND REGULATIONS OF THE COMMONWEALTH POWERLIFTING FEDERATION  
AND THE INTERNATIONAL POWERLIFTING FEDERATION

*Richard Parker*  
PRESIDENT

*Bill You*  
GENERAL SECRETARY





# AITWPF 10<sup>th</sup> NATIONAL

## Traditional Wrestling & Pankration Championship 2022-23

Belt Wrestling - Garmah Kuresi - Pankration Athlima - Pankration - Paleonata - Polidamne - Khansadaf - Mae Wrestling

Hosted By: State Traditional Wrestling Association (Maharashtra)

Sanctioned by: All India Traditional Wrestling & Pankration Federation (AITWPF)

SW included in: School Games Federation of India (SGFI)

Member of International Mas-Wrestling Federation (IMWF) & International Federations

Associate Member: United World Wrestling (UWW)

### CERTIFICATE

Merit / Participation

Cert. No: 343

B. SANTHOSH

Date of Birth 22/09/2002

of TAMIL NADU State, UP participated as ATHLETE / OFFICIAL in

AITWPF 10<sup>th</sup> National Traditional Wrestling & Pankration Championship 2022-23

held from 19<sup>th</sup> to 22<sup>nd</sup> Jan. 2023 at Silver Oak Lawns, Shirdi, Maharashtra in BELT WRESTLING

event, -100 kg wt. SENIOR category, Male / Female and won GOLD medal.

Shalendra K. Pathak  
Gen. Secretary AITWPF  
UWW Intl. Referee

Omernakhtar Tamboli  
President AITWPF  
UWW Member Belt Wrestling Comm.

C A Tamboli  
President STWAM  
Sr. Vice President AITWPF

Santosh Khairnar  
Org. Committee Secretary  
10<sup>th</sup> AITWPF Champ. 2022-23

HQ. Sr. No. 598, Purandar Colony, Shivajinagar, Ranuncam, Pune - 411017, Maharashtra, Ind2@uww.org, www.uww.org



UWW

WRESTLING

WRESTLING

WRESTLING

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WRESTLING





# AITWPF 10<sup>th</sup> NATIONAL

## Traditional Wrestling & Pankration Championship 2022-23

Belt Wrestling - Oazakh Kuresi - Pankration Athlima - Pankration - Palesmata - Pelvdamus - Khanqadai - Mas Wrestling

Hosted By : State Traditional Wrestling Association (Maharashtra)

Sanctioned by : All India Traditional Wrestling & Pankration Federation (AITWPF)

BW included in : School Games Federation of India (SGFI)

Member of International Mas-Wrestling Federation (IMWF) & International Federations

Associate Member : United World Wrestling (UWW)



### CERTIFICATE

Merit / Participation

Cert. No: 357

B. SANTHOSH

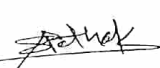
Date of Birth 22/09/2002

of TAMIL NADU State/UT participated as ☒ ATHLETE / ☐ OFFICIAL in


AITWPF 10<sup>th</sup> National Traditional Wrestling & Pankration Championship 2022-23

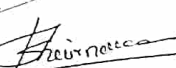
held from 19<sup>th</sup> to 22<sup>nd</sup> Jan. 2023, at Silver Oak Lawns, Shirdi, Maharashtra in PANKRATION

event, -100 kg wt., SENIOR Age cat., ☒ Male / ☐ Female and won GOLD medal.

  
Shailendra K. Pathak  
Gen. Secretary AITWPF  
UWW Intl. Referee

  
Omarmukhtar Tamboli  
President AITWPF  
UWW Member Belt Wrestling Comm.

  
C A Tamboli  
President STWAM  
Sr. Vice President AITWPF

  
Santosh Khairnar  
Org. Committee Secretary  
10<sup>th</sup> AITWPF Champ. 2022-23

HQ: Sr. No. 59B, Purandar Colony, Shrinagar, Rahatani, Pune - 411017, Maharashtra; ind3@uww.org, www.uww.org







# Mutthu Marathon

## KONGANAPURAM



APPROVED BY TAMIL NADU ATHLETIC ASSOCIATION

தமிழ்நாட்டில் ஒலிம்பிக்! ஒலிம்பிக்கில் தமிழ்நாடு!!

### CERTIFICATE OF MERIT

This is to certify that Mr./Ms. Vadivammal . A  
has completed / participated in KMC 11K RUN - WOMEN race  
and Secured First place (Time 00:55:43) held on 08.01.2023  
at Konganapuram, Idappadi Taluk, Salem District, Tamil Nadu, India.

KONGANAPURAM FOUNDATION

RACE DIRECTOR

MUTTHU MARATHON DIRECTOR

Organised by:  
KONGANAPURAM FOUNDATION  
Konganapuram, Salem Dt  
Tamil Nadu, Pin-637102

Sponsor: SWELECT 42K

Sponsor: DUCEN 21K

Sponsor: KMC 11K

Sponsor: KISSFLOW 6K

Sponsor: CSK 3K

Sponsor: MEDALS

Sponsor: FOOD

Infrastructure & Services





# Mutthu Marathon

## KONGANAPURAM



APPROVED BY TAMIL NADU ATHLETIC ASSOCIATION

தமிழ்நாட்டில் ஒலிம்பிக்! ஒலிம்பிக்கில் தமிழ்நாடு!!

### CERTIFICATE OF MERIT

This is to certify that Mr./Ms. Sudhashiny Elangovan  
has completed / participated in KMC 11K RUN - WOMEN race  
and Secured SECOND place (Time 00:57:07) held on 08.01.2023  
at Konganapuram, Idappadi Taluk, Salem District, Tamil Nadu, India.

KONGANAPURAM FOUNDATION

RACE DIRECTOR

MUTTHU MARATHON DIRECTOR

Organised by:  
KONGANAPURAM FOUNDATION  
Konganapuram, Salem Dt  
Tamil Nadu, Pin-637102

Sponsor: SWELECT 42K



Sponsor: DUCEN 21K



Sponsor: KMC 11K



Sponsor: KISSFLOW 6K



Sponsor: CSK 3K



Sponsor: MEDALS



Sponsor: FOOD



Infrastructure & Services







# Mutthu Marathon

## KONGANAPURAM



APPROVED BY TAMIL NADU ATHLETIC ASSOCIATION

தமிழ்நாட்டில் ஒலிம்பிக்! ஒலிம்பிக்கில் தமிழ்நாடு!!

### CERTIFICATE OF MERIT

This is to certify that Mr./Ms. Saranya .S  
has completed / participated in KMC 11K RUN - WOMEN race  
and Secured THIRD place (Time 00:57:36) held on 08.01.2023  
at Konganapuram, Idappadi Taluk, Salem District, Tamil Nadu, India.

KONGANAPURAM FOUNDATION

RACE DIRECTOR

MUTTHU MARATHON DIRECTOR

Organised by:  
KONGANAPURAM FOUNDATION  
Konganapuram, Salem Dt  
Tamil Nadu, Pin-637102

Sponsor: **SWEELECT**  
swelect

Sponsor: **DUCEN**  
A Snyas Company

Sponsor: **KMC 11K**  
Kongonapuram Marathon Committee

Sponsor: **KISSFLOW**  
kissflow

Sponsor: **CSK 1K**  
CSK 1K

Sponsor: **MEDALS**  
MEDALS

Sponsor: **FOOD**  
GOFRUGAL  
Experience simplicity

Infrastructure & Services  
GOFRUGAL





# Mutthu Marathon

## KONGANAPURAM



APPROVED BY TAMIL NADU ATHLETIC ASSOCIATION

தமிழ்நாட்டில் ஒலிம்பிக்! ஒலிம்பிக்கில் தமிழ்நாடு!!

### CERTIFICATE OF MERIT

This is to certify that Mr./Ms. L. Isha Eberenciya  
has completed / participated in 21 km race  
and Secured SECOND place (Time 1.58.13) held on 08.01.2023  
at Konganapuram, Idappadi Taluk, Salem District, Tamil Nadu, India.

KONGANAPURAM FOUNDATION

RACE DIRECTOR

MUTTHU MARATHON DIRECTOR

Organised by:  
KONGANAPURAM FOUNDATION  
Konganapuram, Salem Dt  
Tamil Nadu, Pin-637102

Sponsor: SWELECT 42K



Sponsor: DUCEN 21K



Sponsor: EMC 11K



Sponsor: KISSFLOW 6K



Sponsor: CSK 3K



Sponsor: MEDALS



Sponsor: FOOD



Infrastructure & Services







# Mutthu Marathon

## KONGANAPURAM




APPROVED BY TAMIL NADU ATHLETIC ASSOCIATION

தமிழ்நாட்டில் ஒலிம்பிக்! ஒலிம்பிக்கில் தமிழ்நாடு!!

### CERTIFICATE OF MERIT

This is to certify that Mr./Ms. Pramitha. B  
has completed / participated in 6k Run Women race  
and Secured Third place (Time 0:38:51) held on 8.1.2023  
at Konganapuram, Idappadi Taluk, Salem District, Tamil Nadu, India.

  
KONGANAPURAM FOUNDATION

  
RACE DIRECTOR

  
MUTTHU MARATHON DIRECTOR

Organised by:  
**KONGANAPURAM FOUNDATION**  
Konganapuram, Salem Dt  
Tamil Nadu, Pin-637102

Sponsor: SWELECT 42K



Sponsor: DUCEN 21K



Sponsor: KMC 11K



Sponsor: KISSFLOW 6K



Sponsor: CSK 3K



Sponsor: MEDALS



Sponsor: FOOD



Infrastructure & Services







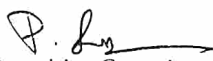
# CERTIFICATE OF MERIT



THIS CERTIFICATE IS PROUDLY PRESENTED TO

This is to Certify that Mr/Mrs **N. ARAVIND** Place **1** Timing \_\_\_\_\_  
2 KM / 6 KM / 8 KM

STATE LEVEL MARATHON 22 January 2023 at Kovilkadu, Pudhupalayam, Edappadi, Salem Dt.

  
Organising Committee

**KK BROTHERS**





S.No: 431

# TAMILNADU PARALYMPIC SPORTS ASSOCIATION

(Reg No. 04/2014)

Affiliated by

PARALYMPIC COMMITTEE OF INDIA  
SPORTS DEVELOPMENT AUTHORITY OF TAMILNADU

## 18<sup>th</sup> STATE SENIOR PARA ATHLETICS CHAMPIONSHIP - 2023

### Certificate of Merit

This is to certify that SHAFIA AHAMED Senior of  
Salern District secured III Place in the Javelin Throw  
under F46 class with a performance of 34.78 mts in the 18<sup>th</sup> STATE SENIOR PARA ATHLETICS  
CHAMPIONSHIP 2023 at Tamil Nadu Physical Education and Sports University, Melakottaiyur, Chennai - 600127  
on 19<sup>th</sup>, 20<sup>th</sup> & 21<sup>st</sup> January.

Er. R. CHANDRASEKAR  
President  
TNPSA

B. KIRUBAKARARAJA  
General Secretary  
TNPSA

Dr. M.S. NAGARAJAN  
Organising Secretary

Dr. M. SUNDAR  
Vice Chancellor  
TNPESU







சென்னை

# TAMILNADU PARALYMPIC SPORTS ASSOCIATION

(Reg. No. 66/2014)

Incorporated in

PARALYMPIC COMMITTEE OF INDIA  
SPORTS DEVELOPMENT AUTHORITY OF TAMILNADU

## 18<sup>th</sup> STATE SENIOR PARA ATHLETICS CHAMPIONSHIP - 2023

### Certificate of Merit

This is to certify that Muthuselvi. P Senior of  
Salem District secured 1 Place in the 100 mts  
under F45-47 class with a performance of 16.71 sec in the 18<sup>th</sup> STATE SENIOR PARA ATHLETICS  
CHAMPIONSHIP 2023 at Tamil Nadu Physical Education and Sports University, Melakottaiyur, Chennai - 600127  
on 19<sup>th</sup>, 20<sup>th</sup> & 21<sup>st</sup> January.

Ex. R. CHANDRASEKAR  
President  
TNPSA

B. KIRUBAKARARAJA  
General Secretary  
TNPSA

Dr. M.S. NAGARAJAN  
Organising Secretary

Dr. M. SUNDAR  
Vice Chancellor  
TNPESU







B.No: 599

# TAMILNADU PARALYMPIC SPORTS ASSOCIATION

(Reg No. 04/2014)

Affiliated by

PARALYMPIC COMMITTEE OF INDIA  
SPORTS DEVELOPMENT AUTHORITY OF TAMILNADU

## 18<sup>th</sup> STATE SENIOR PARA ATHLETICS CHAMPIONSHIP - 2023

### Certificate of Merit

This is to certify that Muthu Selvi. P Senior of  
Salem District secured 1 Place in the 200 mts  
under F45-47 class with a performance of 34.68 sec in the 18<sup>th</sup> STATE SENIOR PARA ATHLETICS  
CHAMPIONSHIP 2023 at Tamil Nadu Physical Education and Sports University, Melakottaiyur, Chennai - 600127  
on 19<sup>th</sup>, 20<sup>th</sup> & 21<sup>st</sup> January.

Er. R. CHANDRASEKAR  
President  
TNPSA

B. KIRUBAKARARAJA  
General Secretary  
TNPSA

Dr. M.S. NAGARAJAN  
Organising Secretary

Dr. M. SUNDAR  
Vice Chancellor  
TNPESU







# POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation

Affiliated to: Asian Powerlifting Federation

Affiliated to: Commonwealth Powerlifting Federation



No:177/20275/2023



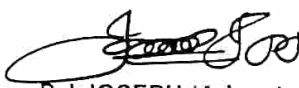
This is to certify that **DINESH KUMAR P** representing **Tamil Nadu** has secured **Second** place in the **120kg - Sub Junior** in the National Men's Equipped Bench Press Championship 2022-23 held at Aurangabad, Maharashtra from 15-01-2023 to 20-01-2023

Bench Press[PL] : 160.0 Kg [2]

Date of Birth : 17-April-2004

Body Weight : 113.60 Kg

  
SATHISH KUMAR  
President  
Powerlifting India

  
P J JOSEPH (Arjuna)  
Secretary General  
Powerlifting India

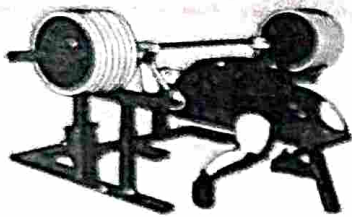




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Which is affiliated to International Powerlifting Federation, Asian Powerlifting Federation and Commonwealth Powerlifting Federation | Registered under registration of Society's Act



## 4<sup>TH</sup> WEST TAMILNADU CLASSIC BENCHPRESS CHAMPIONSHIP 2022-23

Date : 29 January, 2023 - Sunday

Venue: Kamalam International School, K.Naduhalli,  
Palacode Road, Dharmapuri-636 809.

### CERTIFICATE OF MERIT

Certificate No. \_\_\_\_\_

80

Name \_\_\_\_\_

P.DINESH KUMAR

Gender \_\_\_\_\_

MALE

Date of Birth \_\_\_\_\_

17-04-2004

District \_\_\_\_\_

SALEM

Category \_\_\_\_\_

120KG-SUB JUNIOR

Body Weight \_\_\_\_\_

114.80

Bench Press \_\_\_\_\_

152.50

PLACE

FIRST

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association

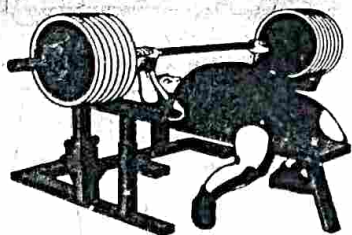




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Which is affiliated to International Powerlifting Federation, Asian Powerlifting Federation and Commonwealth Powerlifting Federation | Registered user registration of Society's Act



## 4<sup>TH</sup> WEST TAMILNADU CLASSIC BENCHPRESS CHAMPIONSHIP 2022-23

Date : 29 January, 2023 - Sunday

Venue: Kamalam International School, K.Naduhalli,  
Palacode Road, Dharmapuri-636 809.

### CERTIFICATE OF MERIT

112

Certificate No. \_\_\_\_\_

Name \_\_\_\_\_

P.DINESH KUMAR

Gender \_\_\_\_\_

MALE

Date of Birth \_\_\_\_\_

17-04-2004

District \_\_\_\_\_

SALEM

Category \_\_\_\_\_

120KG-JUNIOR

Body Weight \_\_\_\_\_

114.80

Bench Press \_\_\_\_\_

152.50

PLACE

FIRST

Honorary General Secretary  
Tamil Nadu Powerlifting Association

Honorary President  
Tamil Nadu Powerlifting Association





VIT<sup>®</sup>

Vellore Institute of Technology  
(Deemed to be University under section 3 of UGC Act, 1956)  
CHENNAI



# CERTIFICATE OF MERIT

NATIONAL LEVEL CULTURAL AND SPORTS FESTIVAL

This is to certify that Mr./Ms. M. PRIYA of  
MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE for securing the FIRST  
position in the POWERLIFTING (UNDER 69 KG) event conducted during VIBRANCE'23 held  
from 15<sup>th</sup> February 2023 to 02<sup>nd</sup> March 2023 at Vellore Institute of Technology, Chennai.

Lt. Balamurali. PM  
DPED

Dr. Sathiya Narayanan S / Dr. Anjali Gopakumar  
Conveners-Vibrance'23

Dr. Rajasekaran. V  
Director-Student Welfare

Dr. V. S. Kanchana Bhaaskaran  
Pro Vice-Chancellor

ENGAGE • ENTHRAL • ENTERTAIN





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Vellore Institute of Technology  
(Deemed to be University under section 3 of UGC Act, 1956)  
CHENNAI



# CERTIFICATE OF MERIT

NATIONAL LEVEL CULTURAL AND SPORTS FESTIVAL

This is to certify that Mr./Ms. K. KAVITHA of  
MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE for securing the FIRST  
position in the POWERLIFTING (UNDER 63 kg) event conducted during VIBRANCE'23 held  
from 15<sup>th</sup> February 2023 to 02<sup>nd</sup> March 2023 at Vellore Institute of Technology, Chennai.

Lt. Balamurali. PM  
DPED

Dr. Sathiya Narayanan. S./ Dr. Anjali Gopakumar  
Conveners-Vibrance'23

Dr. Rajasekaran. V  
Director-Student Welfare

Dr. V. S. Kanchana Bhaaskaran  
Pro Vice-Chancellor

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Vellore Institute of Technology  
(Deemed to be University under section 3 of UGC Act, 1956)  
CHENNAI



# CERTIFICATE OF MERIT

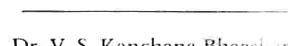
NATIONAL LEVEL CULTURAL AND SPORTS FESTIVAL

This is to certify that Mr./Ms. K. INDHUMATHI of  
MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE for securing the FIRST  
position in the POWERLIFTING (UNDER 57 KG) event conducted during VIBRANCE'23 held  
from 15<sup>th</sup> February 2023 to 02<sup>nd</sup> March 2023 at Vellore Institute of Technology, Chennai.

  
Lt. Balamurali, PM  
DPEID

  
Dr. Sathiya Narayanan S / Dr. Anjali Gopakumar  
Conveners-Vibrance'23

  
Dr. Rajasekaran, V  
Director-Student Welfare

  
Dr. V. S. Kanchana Bhaaskaran  
Pro Vice-Chancellor

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Vellore Institute of Technology  
(Deemed to be University under section 3 of UGC Act, 1956)  
CHENNAI



# CERTIFICATE OF MERIT


NATIONAL LEVEL CULTURAL AND SPORTS FESTIVAL

This is to certify that Mr./Ms. V. INDHUMATHI of  
MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE for securing the FIRST  
position in the POWERLIFTING (UNDER 84 KG) event conducted during VIBRANCE'23 held  
from 15<sup>th</sup> Feburary 2023 to 02<sup>nd</sup> March 2023 at Vellore Institute of Technology, Chennai.

  
Lt. Ralamurali, PM  
(PPTD)

  
Dr. Sathiya Narayanan S. / Dr. Anjali Gopakumar  
Convenor-Vibrance'23

  
Dr. Rajasekaran, V  
Director, Student Welfare

  
Dr. V. S. Kanchana Bhatia  
Pro Vice-Chancellor

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Vellore Institute of Technology  
(Deemed to be University under section 3 of UGC Act, 1956)  
CHENNAI



# CERTIFICATE OF MERIT


NATIONAL LEVEL CULTURAL AND SPORTS FESTIVAL

This is to certify that Mr./Ms. S.V. Kavipriya of  
MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE for securing the FIRST  
position in the POWERLIFTING (UNDER 76kg) event conducted during VIBRANCE'23 held  
from 15<sup>th</sup> February 2023 to 02<sup>nd</sup> March 2023 at Vellore Institute of Technology, Chennai.

  
Lt. Balamurali. PM  
DPEID

  
Dr. Sathiya Narayanan S. / Dr. Anjali Gopakumar  
Conveners-Vibrance'23

  
Dr. Rajasekaran. V  
Director-Student Welfare

  
Dr. V. S. Kanchana Bhaaskaran  
Pro Vice-Chancellor

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Vellore Institute of Technology  
(Deemed to be University under section 3 of UGC Act, 1956)  
CHENNAI



# CERTIFICATE OF MERIT

NATIONAL LEVEL CULTURAL AND SPORTS FESTIVAL

This is to certify that Mr./Ms. LAVANYA. K of  
MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE for securing the FIRST  
position in the POWERLIFTING (UNDER 52 KG) event conducted during VIBRANCE'23 held  
from 15<sup>th</sup> February 2023 to 02<sup>nd</sup> March 2023 at Vellore Institute of Technology, Chennai.

Lt. Balamurali. PM  
DPEID

Dr. Sathiya Narayanan S./ Dr. Anjali Gopakumar  
Conveners-Vibrance'23

Dr. Rajasekaran. V  
Director-Student Welfare

Dr. V. S. Kanchana Bhaaskaran  
Pro Vice-Chancellor

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**VIT<sup>®</sup>**  
Vellore Institute of Technology  
(Deemed to be University under section 3 of UGC Act, 1956)  
CHENNAI




# CERTIFICATE OF MERIT

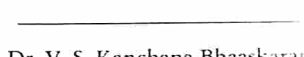
NATIONAL LEVEL CULTURAL AND SPORTS FESTIVAL

This is to certify that Mr./Ms. N. AARTHI of  
MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE for securing the THIRD  
position in the POWERLIFTING (UNDER 63 KG) event conducted during VIBRANCE'23 held  
from 15<sup>th</sup> February 2023 to 02<sup>nd</sup> March 2023 at Vellore Institute of Technology, Chennai.

  
Lt. Balamurali. PM  
DPED

  
Dr. Sathiya Narayanan. S./Dr. Anjali Gopakumar  
Conveners-Vibrance'23

  
Dr. Rajasekaran. V  
Director-Student Welfare

  
Dr. V. S. Kanchana Bhaaskaran  
Pro Vice-Chancellor

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VIT<sup>®</sup>

Vellore Institute of Technology  
(Deemed to be University under section 3 of UGC Act, 1956)  
CHENNAI



# CERTIFICATE OF MERIT


NATIONAL LEVEL CULTURAL AND SPORTS FESTIVAL

This is to certify that Mr./Ms. D. YUVASRI of MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE for securing the SECOND position in the POWERLIFTING (UNDER 76 KG) event conducted during VIBRANCE'23 held from 15<sup>th</sup> February 2023 to 02<sup>nd</sup> March 2023 at Vellore Institute of Technology, Chennai.

  
Lt. Balamurali, PM  
UPED

  
Dr. Sathiya Narayanan S / Dr. Anjali Gopakumar  
Convenor - Vibrance '23

  
Dr. Rajasekaran, V  
Director - Student Welfare

  
Dr. V. S. Kanchana Bhaaskaran  
Pro Vice-Chancellor

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**INDIAN TRUCK DRIVERS WELFARE CONSORTIUM  
NATIONAL CRIME INVESTIGATES ORGANIZATION**

(Registered under Indian Trust Act 1882 : Reg. No. 178/IV/2018)



**Certificate of Participation**

**MARATHON (10.5 KM)**

This is to certify that Mr. / ~~Mrs.~~ **ARAVIND. N**  
**Hon. 2nd PLACE**  
has successfully participated in the **Marathon of 10.5 Km**  
**"Road Transport Safety Awareness"** held on 26th February 2023  
at Komarapalayam, Namakkal District.

  
**FOUNDER**  
(ITDWC)

  
**CHAIRMAN**  
(ITDWC)

  
**PRESIDENT**  
(NCIO)

  
**BOARD OF DIRECTORS**  
(NCIO)





மக்கள் சட்ட உரிமைகள் சமூக சேவை இயக்கம்

**MSP Constructions** இணைந்து நடத்தும்

## CERTIFICATE OF APPRECIATION



நம்ம துறைபுர்  
மாரத்தான்  
RUN FOR A DRUG FREE CITY

This certificate is proudly presented to N. ARAMINDH (THIRD)

Kms 10 km congratulation for participating the

**NAMMA THURAIYUR MARATHON - 2023**

On 19th Feb. 2023@ Organized by People's Legal Rights Social Service Movement  
and MSP Construction, Thuraiyur.

*L. Suresh*

**Dr. L. SURESH**

President

People Legal Rights Social Service Movement

வெளியிட்டாளர் - சட்டம் நம் கையில்

*M.S. Prabu*

**Er. M.S. PRABU**

Proprietor, MSP Construction

ஆசிரியர் - சட்டம் நம் கையில்

*T. Shankar*

**T. SHANKAR**

Kovai Lathe Works

ஆசிரியர் - சட்டம் நம் கையில்



LAKSHMI  
TRADERS





# UTHAYAM SCHOOL

## UTHAYAM CANCER AWARENESS STATE LEVEL MARATHON UCA-2K23-SEASON-01



ORGANIZED BY  
**UTHAYAM SPORTS ACADEMY**

### Certificate of Merit

This is to Certify that N. ARAVIND  
representing 18-30yrs Successfully Completed and Secured 1st  
Place in the Uthayam Cancer Awareness State Level Marathon held on  
05 February 2023.

  
**Correspondent**

  
**Principal**

  
**Physical Director**







# PERIYAR UNIVERSITY, SALEM – 636 011

## DEPARTMENT OF PHYSICAL EDUCATION

From	To
Dr. K. Venkatachalam, Director of Physical Education Periyar University, Salem –11.	The Principal, Muthayammal College of Arts & Science, Rasipuram

Ref No: PU/DPE/IUT/Handball(W)/2022- 23

Date: 30.01.2023

Sir/Madam,

Sub: Periyar University, Salem – South Zone Inter – University Tournaments – Students participation 2022- 23 – Intimation – regarding.

-----

I am, by direction, to inform you that the following students of your college have been selected to participate in the South Zone Inter – University Handball (Women) tournament for the year 2022- 23.

Sl. No.	Name	Chest No.	Sl. No.	Name	Chest No.
1.	S. BHARATHI	08		-----	

Hence, I request you to kindly accord the necessary permission with attendance and other facilities for the above said students for the participation in the South Zone Inter University Tournament as mentioned below.

1.	Date on which the players should report for attending coaching camp	Report to the Director of Physical Education Periyar University, Salem on 30.01.2023 at 03.00 PM (30.01.2023 to 13.02.2023)
2.	Date on which the team leave Salem for Participating in the Tournament	14.02.2023 from Periyar University, Salem –11
3.	Dates and Venue of the Tournament	15.02.2023 to 20.02.2023 at M.G. University, Kottayam (KL)

### Note:

- A passport size photograph of each player sent to this office on or before 14.02.2023 for the purpose of affixing the same in the Identity card to be issued by this office.

### ➤ IMPORTANT NOTE:

The Participating Universities should be submitted Covid Two dose vaccination Certificate, attested Photocopies of D.M.C of 10, +2 in case of the Player is Studying in U.G Course and that of 10, +2 and Graduation if the player is Studying in P.G Course, to the Organizing University Duly Attested by the competent Authority . As per the amendments/modifications in the existing Eligibility rules for participation of Students in National University Games from the year 2022-2023.

Yours faithfully,

Director of Physical Education

### Copy to:

- Director of Physical Education for Information





**PERIYAR UNIVERSITY, SALEM – 636 011**  
**DEPARTMENT OF PHYSICAL EDUCATION**

From

Dr. K. Venkatachalam  
Director of Physical Education  
Periyar University, Salem –11.

To

The Principal,  
Muthayammal College of Arts & Science  
Rasipuram

Ref No: PU /DPE/AIUT/Handball (M)/ 2022-23

Date: 03.03.2023

Sir,

**Sub: Periyar University, Salem – All India Inter – University Handball Men Tournaments -2022-2023 – Students participation – Intimation – regarding.**

I am, by direction, to inform you that the following students of your college have been selected to participate in the All India Inter – University Handball (Men) Tournament for the year 2022-2023.

Sl. No	Name	Chest No	Sl. No	Name	Chest No
1.	J.HARISRINVAS		4.	TAMILSUBERNAN	
2.	M.MUTHUKUMAR		5.	DARUNKUMAR	
3.	R.KAVIYARASAN			.....	

Hence, I request you to kindly accord the necessary permission with attendance and other facilities for the above said students for the participation in the All India Inter University Tournament as mentioned below.

1.	Date on which the players should report for attending coaching camp	Report to the Periyar University, Salem. Director of Physical Education on 06.03.2023 at 10.00 AM
2.	Date on which the team leave Salem for Participating in the Tournament	13.03.2023 from Periyar University, Salem –11
3.	Dates and Venue of the Tournament	All India Tournament: 16.03.2023 to 20.03.2023 at Kurushetra University, Kurushetra, Haryana

**Note:**

- A passport size photograph of each player sent to this office on or before 06.03.2023 for the purpose of affixing the same in the Identity card to be issued by this office.

➤ **IMPORTANT NOTE:**

The Participating Universities should be submitted Aadhar Card, Covid Two dose vaccination Certificate, attested Photocopies of D.M.C of 10, +2 in case of the Player is Studying in U.G Course and that of 10, +2 and Graduation if the player is Studying in P.G Course, to the Organizing University Duly Attested by the competent Authority . As per the amendments/modifications in the existing Eligibility rules for participation of Students in National University Games from the year 2022-2023.

Yours faithfully,

Director of Physical Education

Copy to:

Director of Physical Education for Information





# TAMILNADU STATE BOXING ASSOCIATION

Affiliated to Indian Amateur Boxing Federation

(Registered under society Registration Act with Registration No: 328/2009)

**STATE ,SUB-JUNIOR, JUNIOR, YOUTH ,SENIOR (M & W) BOXING CHAMPIONSHIPS-2022-2023**

**STATE SELECTION FOR MOHAMED SADIQ KHAN MEMORIAL 1ST TITLE SENIOR MEN & WOMEN BOXING CHAMPIONSHIP-2023**

ORGANIZED BY

**VIRUDHUNAGAR DISTRICT AMATEUR & PROFESSIONAL BOXING ASSOCIATION**

(Affiliated to Tamilnadu State Boxing Association-Regd No:184/2022)

&

**SETHU INSTITUTE OF TECHNOLOGY**

C.No.Tnsba...1619.....

## CERTIFICATE OF MERIT

This is to certify that **Mr. /Mr. D.ARISH**.....  
of...**M A B C**.....Club / District has participated in the above championship  
held at Sethu Institute of Technology, Virudhunagar from 17-02-2023 to 19-2-2023  
and secured...**BRONZE**.....position in the Sub-Junior / Junior / Youth /  
✓ Senior / Men / Women/ **CRUISER: 80.1086** Kg. Weight Category.

K. Sridharan, B.sc., LLB.,

G. Prithiviraj, B.Com

S.M. Seenii Mohaideen Maraikkayar B.Com MBA.

M. Bahathraj, B.E.,

Working-President

Tamilnadu State Boxing Association

General Secretary

Tamilnadu State Boxing Association

President

VDA & PBA

Secretary

VDA & PBA





# TAMILNADU STATE BOXING ASSOCIATION

Affiliated to Indian Amateur Boxing Federation

(Registered under society Registration Act with Registration No: 328/2009)

**STATE ,SUB-JUNIOR, JUNIOR, YOUTH ,SENIOR (M & W) BOXING CHAMPIONSHIPS-2022-2023**

**STATE SELECTION FOR MOHAMED SADIQ KHAN MEMORIAL 1ST TITLE SENIOR MEN & WOMEN BOXING CHAMPIONSHIP-2023**

ORGANIZED BY

**VIRUDHUNAGAR DISTRICT AMATEUR & PROFESSIONAL BOXING ASSOCIATION**

(Affiliated to Tamilnadu State Boxing Association-Regd No:184/2022)

&

**SETHU INSTITUTE OF TECHNOLOGY**

C.No.Tnsba.1620.....

## CERTIFICATE OF MERIT

This is to certify that **Ms. /Mr. S.N. ELAYARAJA**  
of **G.R.B.C** Club / District has participated in the above championship  
held at Sethu Institute of Technology, Virudhunagar from 17-02-2023 to 19-2-2023  
and secured **BRONZE** position in the Sub-Junior / Junior / Youth /  
Senior / Men / Women / **CRUISER-80 TO 86 Kg.** Weight Category.

K. Sridharan, B.sc., LLB.,

G. Prithiviraj, B.Com

S.M. Seenii Mohaideen Maraikkayar B.Com, MBA.,

M. Bahathraj, B.E.,

Working-President

Tamilnadu State Boxing Association

General Secretary

Tamilnadu State Boxing Association

President

VDA & PBA

Secretary

VDA & PBA





TNDFC TRUST



# TAMILNADU DIFFERENTLY ABLED FEDERATION CHARITABLE TRUST

No.10, 4th Cross Street, Balaji Nagar, Ekkaduthangal, Chennai - 600 032

Jointly organizes with

**SRI BHAGYA LAKSHMI TRAVEL SERVICES**



**20th State Level Para Sports Meet for Differently Abled Persons - 2023**

25th, February 2023 Saturday. SDAT NEHRU PARK SPORTS COMPLEX CHENNAI - 600 084

## CERTIFICATE OF MERIT



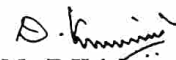
This certificate is presented to .....MUTHUSELVI P. [SALEM].....

for securing .....FIRST..... place in the competition of .....SHOT PUT [FEMALE].....

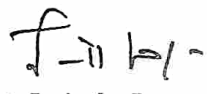
on 25.02.2023

[HAND DISABLED]

  
Dr. P. Simmachandran  
President  
TNDFC TRUST

  
Mr. D. Krishnan  
Proprietor  
SRI BHAGYALAKSHMI TRAVEL SERVICES

  
Dr. C.D. Inbarani, M.S. M.Phil. Ph.D.  
SDAT, SSFC Officer (Retd.)

  
Tmt. Jacintha Lazarus I.A.S.,  
Commissioner  
for the Welfare of Differently Abled





# TAMILNADU DIFFERENTLY ABLED FEDERATION CHARITABLE TRUST

No.10, 4th Cross Street, Balaji Nagar, Ekkaduthangal, Chennai - 600 032

Jointly organizes with

**SRI BHAGYA LAKSHMI TRAVEL SERVICES**



**20th State Level Para Sports Meet for Differently Abled Persons - 2023**

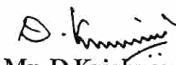
25th, February 2023 Saturday. SDAT NEHRU PARK SPORTS COMPLEX CHENNAI - 600 084



## CERTIFICATE OF MERIT

This certificate is presented to .MUTHUSELVI..P..[THOOTHUKUDI].....  
for securing .....FIRST..... place in the competition of ..RUNNING..[100..MTS..RUNNING]..FEMALE.....  
on 25.02.2023 HAND DISABLED

  
Dr. P. Simmachandran  
President  
TNDFC TRUST

  
Mr. D. Krishnan  
Proprietor  
SRI BHAGYALAKSHMI TRAVEL SERVICES

  
Dr. C.D. Inbarani, M.S. M.Phil. Ph.D.  
SDAT, SSFC Officer (Retd.)

  
Tmt. Jacinthia Lazarus I.A.S.  
Commissioner  
for the Welfare of Differently Abled





Vellore Institute of Technology  
(Deemed to be University under section 3 of UGC Act, 1956)  
CHENNAI



# CERTIFICATE OF MERIT

NATIONAL LEVEL CULTURAL AND SPORTS FESTIVAL

This is to certify that Mr./Ms. ARAVINDH.A.N of  
MUTHAYAMMAL COLLEGE OF ARTS AND SCIENCE for securing the FIRST  
position in the MARATHON event conducted during VIBRANCE'23 held  
from 15<sup>th</sup> February 2023 to 02<sup>nd</sup> March 2023 at Vellore Institute of Technology, Chennai.

Lt. Balamurali. PM  
DPED

Dr. Sathiya Narayanan S. / Dr. Anjali Gopakumar  
Convener Vibrance'23

Dr. Rajasekaran. V  
Director Student Welfare

Dr. V. S. Kanchana Bhaaskaran  
Pro Vice-Chancellor

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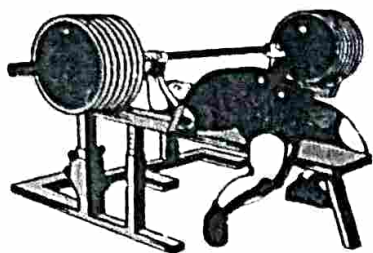




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Which is affiliated to International Powerlifting Federation, Asian Powerlifting Federation and Commonwealth Powerlifting Federation | Registered user registration of Society's Act



## 14th TAMILNADU STATE EQUIPPED & CLASSIC BENCHPRESS CHAMPIONSHIP 2022-23

Date : 11th & 12, March 2023

Venue: VOC Indoor Auditorium, Palayamkottai  
Tirunelveli-627 002

### Certificate Of Merit

**Certificate No.** 179

**Name** DINESH KUMAR.P

**Gender** MALE

**Date of Birth** 17-04-2004

**District** SALEM

**Division** UNEQUIPPED

**Category** 120KG-JUNIOR


**Body Weight** 114.30

**Bench Press** 140.00

PLACE

FIRST

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association

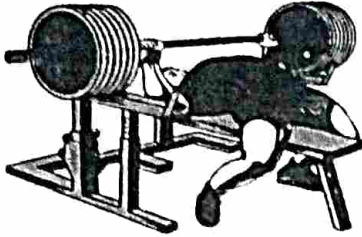




# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Which is affiliated to International Powerlifting Federation, Asian Powerlifting Federation and Commonwealth Powerlifting Federation | Registered user registration of Society's Act



## 14th TAMILNADU STATE EQUIPPED & CLASSIC BENCHPRESS CHAMPIONSHIP 2022-23

Date : 11th & 12, March 2023

Venue: VOC Indoor Auditorium, Palayamkottai  
Tirunelveli-627 002

### Certificate Of Merit

Certificate No.

92

Name

DINESH KUMAR.P

Gender

MALE

Date of Birth

17-04-2004

District

SALEM

Division

EQUIPPED

Category

120KG-JUNIOR

Body Weight

114.30


Bench Press

147.50

PLACE

FIRST

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association

  
Honorary President  
Tamil Nadu Powerlifting Association





# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Which is affiliated to International Powerlifting Federation, Asian Powerlifting Federation and Commonwealth Powerlifting Federation | Registered under Registration of Society's act



## 40TH JUNIOR TAMILNADU STATE EQUIPPED POWERLIFTING CHAMPIONSHIP 2023-24

Date : 21, 22 & 23 April, 2023

Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit

Certificate No.	216
Name	K.LAVANYA
Gender	FEMALE
Date of Birth	27-03-2005
District	SALEM
Category	47KG-JUNIOR
Body Weight	45.95
Squat	102.5
Bench Press	50
Dead Lift	105
Total	257.5

Place

FIRST

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association



  
Honorary President  
Tamil Nadu Powerlifting Association





# TAMILNADU POWERLIFTING ASSOCIATION

COIMBATORE, INDIA

Affiliated to Powerlifting India | Which is affiliated to International Powerlifting Federation, Asian Powerlifting Federation and Commonwealth Powerlifting Federation | Registered under Registration of Society's act



## 24TH SUB JUNIOR TAMILNADU STATE EQUIPPED POWERLIFTING CHAMPIONSHIP 2023-24

Date : 21, 22 & 23 April, 2023

Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit

Certificate No.	210
Name	K.LAVANYA
Gender	FEMALE
Date of Birth	27-03-2005
District	SALEM
Category	47KG-SUB JUNIOR
Body Weight	45.95
Squat	102.5
Bench Press	50
Dead Lift	105
Total	257.5

Place

SECOND

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association



  
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## 40TH JUNIOR TAMILNADU STATE EQUIPPED POWERLIFTING CHAMPIONSHIP 2023-24

Date : 21, 22 & 23 April, 2023

Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit

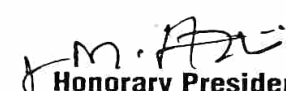
Certificate No.	255
Name	K.INDHUMATHI
Gender	FEMALE
Date of Birth	01-03-2001
District	SALEM
Category	57KG-JUNIOR
Body Weight	54.5
Squat	120
Bench Press	62.5
Dead Lift	120
Total	302.5

Place

THIRD

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association



  
Honorary President  
Tamil Nadu Powerlifting Association





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## 50TH SENIOR TAMILNADU STATE EQUIPPED POWERLIFTING CHAMPIONSHIP 2023-24

Date : 21, 22 & 23 April, 2023

Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit

Certificate No.	265
Name	K.INDHUMATHI
Gender	FEMALE
Date of Birth	01-03-2001
District	SALEM
Category	57KG-SENIOR
Body Weight	54.5
Squat	120
Bench Press	62.5
Dead Lift	120
Total	302.5

Place

THIRD

Honorary General Secretary  
Tamil Nadu Powerlifting Association



Honorary President  
Tamil Nadu Powerlifting Association





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## 24TH SUB JUNIOR TAMILNADU STATE EQUIPPED POWERLIFTING CHAMPIONSHIP 2023-24

Date : 21, 22 & 23 April, 2023

Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit

Certificate No.	244
Name	N.AARTHI
Gender	FEMALE
Date of Birth	05-06-2005
District	SALEM
Category	57KG-SUB JUNIOR
Body Weight	55.7
Squat	110
Bench Press	65
Dead Lift	117.5
Total	292.5

Place

SECOND

  
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Tamil Nadu Powerlifting Association



  
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## 50TH SENIOR TAMILNADU STATE EQUIPPED POWERLIFTING CHAMPIONSHIP 2023-24

Date : 21, 22 & 23 April, 2023


Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit

Certificate No.	304
Name	M.PRIYA
Gender	FEMALE
Date of Birth	01-06-2000
District	SALEM
Category	69KG-SENIOR
Body Weight	68.15
Squat	175
Bench Press	90
Dead Lift	157.5
Total	422.5

Place

FIRST

  
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Tamil Nadu Powerlifting Association



  
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Date : 21, 22 & 23 April, 2023

Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit


Certificate No.	298
Name	M.PRIYA
Gender	FEMALE
Date of Birth	01-06-2000
District	SALEM
Category	69KG-JUNIOR
Body Weight	68.15
Squat	175
Bench Press	90
Dead Lift	157.5
Total	422.5

Place

FIRST

  
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## 40TH JUNIOR TAMILNADU STATE EQUIPPED POWERLIFTING CHAMPIONSHIP 2023-24

Date : 21, 22 & 23 April, 2023

Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit

Certificate No.	331
Name	INDHU MADHI
Gender	FEMALE
Date of Birth	17-05-2004
District	SALEM
Category	84KG-JUNIOR
Body Weight	79.1
Squat	95
Bench Press	57.5
Dead Lift	90
Total	242.5



SECOND

  
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Date : 21, 22 & 23 April, 2023

Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit

Certificate No.	321
Name	S.KAVI PRIYA
Gender	FEMALE
Date of Birth	10-07-2002
District	SALEM
Category	76KG-SENIOR
Body Weight	71
Squat	125
Bench Press	65
Dead Lift	115
Total	305

Place

FIRST

  
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Tamil Nadu Powerlifting Association



  
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Date : 21, 22 & 23 April, 2023

Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit

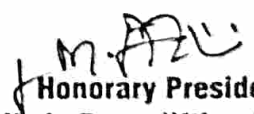
Certificate No.	315
Name	S.KAVI PRIYA
Gender	FEMALE
Date of Birth	10-07-2002
District	SALEM
Category	76KG-JUNIOR
Body Weight	71
Squat	125
Bench Press	65
Dead Lift	115
Total	305

Place

SECOND

  
Honorary General Secretary  
Tamil Nadu Powerlifting Association



  
Honorary President  
Tamil Nadu Powerlifting Association





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Date : 21, 22 & 23 April, 2023

Venue : VOC Indoor Stadium, Palayamkottai, Tirunelveli

### Certificate of Merit

Certificate No.	173
Name	P.DINESH KUMAR
Gender	MALE
Date of Birth	17-04-2004
District	SALEM
Category	120KG-JUNIOR
Body Weight	112.85
Squat	315
Bench Press	172.5
Dead Lift	265
Total	752.5

Place

THIRD

Honorary General Secretary

Tamil Nadu Powerlifting Association



Honorary President

Tamil Nadu Powerlifting Association





# POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation  
Affiliated to: Asian Powerlifting Federation  
Affiliated to: Commonwealth Powerlifting Federation



No:192/22295/2023



This is to certify that **PRIYA M** representing **Tamil Nadu** has secured **Second** place in the **69kg - Junior** in the National Sub Junior & Junior Women's Equipped Powerlifting Championship 2023 held at Courtallam, Tamil Nadu from 12-05-2023 to 17-05-2023

Squat[PL] : 182.5 Kg [1]

Bench Press[PL] : 90.0 Kg [3]


Deadlift[PL] : 150.0 Kg [4]

Total : 422.5 Kg

Date of Birth : 01-June-2000

Body Weight : 68.30 Kg

  
SATHISH KUMAR  
President  
Powerlifting India

  
P J JOSEPH (Arjuna)  
Secretary General  
Powerlifting India





POWERLIFTING INDIA

# POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation  
Affiliated to: Asian Powerlifting Federation  
Affiliated to: Commonwealth Powerlifting Federation



No:192/22265/2023



This is to certify that **THENMOZHI S** representing **Tamil Nadu** has secured **Second** place in the **63kg - Sub Junior** in the National Sub Junior & Junior Women's Equipped Powerlifting Championship 2023 held at Courtallam, Tamil Nadu from 12-05-2023 to 17-05-2023

Squat[PL] : 140.0 Kg [3]  
Bench Press[PL] : 62.5 Kg [5]  
Deadlift[PL] : 147.5 Kg [1]  
Total : 350.0 Kg

Date of Birth : 14-July-2006

Body Weight : 60.20 Kg

  
SATHISH KUMAR  
President  
Powerlifting India

  
P J JOSEPH (Arjuna)  
Secretary General  
Powerlifting India





# POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation  
Affiliated to: Asian Powerlifting Federation  
Affiliated to: Commonwealth Powerlifting Federation



No:192/22196/2023



This is to certify that **LAVANYA K** representing **Tamil Nadu** has secured **Second** place in the **47kg - Sub Junior** in the National Sub Junior & Junior Women's Equipped Powerlifting Championship 2023 held at Courtallam, Tamil Nadu from 12-05-2023 to 17-05-2023

Squat[PL] : 100.0 Kg [3]  
Bench Press[PL] : 55.0 Kg [2]  
Deadlift[PL] : 107.5 Kg [4]  
Total : 262.5 Kg

Date of Birth : 27-March-2005

Body Weight : 46.75 Kg

  
SATHISH KUMAR  
President  
Powerlifting India

  
P J JOSEPH (Arjuna)  
Secretary General  
Powerlifting India